



SUN	MON	TUE	WED	THU	FRI	SAT
					1 9:30 Tai Chi (WBS1) 10:30 Bridge Club (GR) 1:00 Lund's and Jerry's RR 2:30 Patriotic Tunes and Polkas with Bill Koncar (L) 3:00 Cribbage (GR)	2 9:00 Coffee and Pastry Social 2:00 Movie Matinee (T)
3 11:00 Church Service with Lake Harriett UMC 2:00 Documentary Movie Matinee (T)	4 <b>Happy Independence Day!</b> 11:30- 1:00 BBQ Party (C) 4:00 Book Sharing (WA)	5 10:30 Thrive Yoga with Karen (WBS1) 11:15 TED Talk- How to discover your authentic self -- at any age (T) 1:00 Summer Walking Club (L) 3:00 Resident Council (CR)	6 10:30 <b>American Swedish Institute</b> 11:15 Great Courses- Middle Ages (T) 2:00 Chef Demo (PDR) 2:30 Conversation with the Chef (PDR) 4:00 Fill your Vase (WBS1)	7 10:00 Catholic Communion (CR) 10:30 Thrive Yoga with Karen (WBS1) 2:00 ODU- Peggy Guggenheim: Her Life and Legacy (T) 3:30 Social Hour (L)	8 9:30 Tai Chi (WBS1) 10:30 Bridge Club (GR) 1:00 Lund's and Jerry's RR 2:30 Target and Southdale RR 3:00 Cribbage (GR)	9 9:00 Coffee and Pastry Social 2:00 Movie Matinee (T)
10 2:00 Documentary Movie Matinee (T)	11 9:30 Rise and Thrive (WBS1) 11:00 Secondhand Hounds Visit (L) 2:00 Mexican Train Dominoes (L) 3:30 Book Reading of "Steel" with Kathleen Novak (GR)	12 10:30 Thrive Yoga with Karen (WBS1) 11:15 Armchair Travel- Philadelphia (T) 1:00 Summer Walking Club (L) 2:00 All Resident Meeting (CR) 6:00 S'mores on the Patio	13 10:30 <b>Pool Aquatics at The Waters of Edina</b> 11:15 Great Courses- Middle Ages (T) 2:00 <b>Summer at the Arboretum</b> 4:00 Fill your Vase	14 10:00 Catholic Communion (CR) 10:30 Thrive Yoga with Karen (WBS1) 2:00 ODU- George Gershwin: A Musical Life (T) 3:30 Social Hour (L)	15 9:30 Tai Chi (WBS1) 10:30 Bridge Club (GR) 1:00 Lund's and Jerry's RR 2:30 Music with Thomas Pequin (L) 3:00 Cribbage (GR) 4:15-7 LHUMC Summer Bash	16 9:00 Coffee and Pastry Social 2:00 Movie Matinee (T)
17 2:00 Documentary Movie Matinee (T)	18 9:30 Rise and Thrive 11:00 Secondhand Hounds Visit (L) 1:30 Llamas and "Llamade" (P) 2:00 Mexican Train Dominoes (L) 3:00 Writing Workshop with Kathleen Novak (GR)	19 9:00 <b>"Senior Stoll" at Como Zoo</b> 10:30 Thrive Yoga with Karen (WBS1) 11:15 TED Talk- The hidden power of sad songs and rainy days (T) 1:00 Summer Walking Club (L) 3:00 Resident Ambassador Meeting (CR)	20 10:30 Fitness Drumming (WBS1) 11:15 Great Courses- Middle Ages (T) 3:00 Ice Cream Tasting (P) 4:00 Fill your Vase	21 10:00 Catholic Communion (CR) 10:30 Thrive Yoga with Karen (WBS1) 2:00 ODU- Elizabeth II, The Platinum Queen: 70 Years of British History (T) 3:30 Social Hour (L)	22 9:30 Tai Chi (WBS1) 10:30 Bridge Club (GR) 1:00 Lund's and Jerry's RR 2:30 Target and Southdale RR 3:00 Cribbage (GR)	23 9:00 Coffee and Pastry Social 2:00 Movie Matinee (T)
24 2:00 Documentary Movie Matinee (T) 31 2:00 Documentary Movie Matinee (T)	25 9:30 Rise and Thrive 11:00 Secondhand Hounds Visit (L) 2:00 Mexican Train Dominoes (L) 2:00- 4:00 Aromatherapy Hand Massages (T) 3:30 Men's Group (GR)	26 10:30 Thrive Yoga with Karen (WBS1) 11:15 Armchair Travel- (T) 1:00 Summer Walking Club (L) 2:00 Summer Tea Party (PDR) 3:30 Scrabble (GR)	27 10:30 <b>Pool Aquatics at The Waters of Edina</b> 11:15 Great Courses- Middle Ages (T) 3:00 Trivial Pursuit (GR) 4:00 Fill your Vase (WBS1)	28 10:00 Catholic Communion (CR) 10:00 <b>Orchestra Hall- Beethoven's Fifth</b> 10:30 Thrive Yoga with Karen (WBS1) 2:00 ODU- Watergate at 50: The Burglary That Changed the Nation (T) 3:30 Social Hour (L)	29 9:30 Tai Chi (WBS1) 10:30 Bridge Club (GR) 1:00 Lund's and Jerry's RR 2:30 Gary Stamm presents FDR's "The Home Front" (CR) 3:00 Cribbage (GR)	30 9:00 Coffee and Pastry Social 2:00 Movie Matinee (T)

- ✿ American Swedish Institute for Papercut
- ✿ Summer at the Arboretum
- ✿ "Senior Stoll" at Como Zoo
- ✿ Orchestra Hall for Beethoven's Fifth
- ✿ Pool Aquatics at The Waters of Edina
- ✿ Lund's and Jerry's
- ✿ Target and Southdale Area Shopping
- ✿ Llamas and "Llamade"
- ✿ Gary Stamm presents FDR's "The Home Front"

**Calendar Key**  
 C = Café  
 GR = Game Room  
 L = Lobby  
 P = Patio  
 CR = Community Room  
 GR = Game Room  
 PDR = Private Dining Room  
 T = Theater  
 WA = Waters Academy  
 WBS1 = Wellbeing Studio 1  
 \$ = Bring your Own Money  
 RR = Registration Required