

## COVID-19 Post Vaccination Quarantine Guidance Update (MN) March 15, 2021

### To: The Waters Residents (MN only) and Their Family Members

We are excited to share with you that along with the updated guidance on visitation that was released from MDH (MN Department of Health) early on Friday, March 12<sup>th</sup> we have also received notification from Leading Age Minnesota that MDH will also adopt CDC (Centers for Disease Control and Prevention) updated guidance on quarantine protocols.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html>

The main changes of our quarantine protocols will be:

- **Do residents need to quarantine after leaving the building?** If a resident is fully vaccinated, they can leave the building and return without having to quarantine. If a resident is not fully vaccinated, continue to follow the current guidance on non-medically necessary outings.
- **Do new admissions / re-admissions need to quarantine for 14-days after admission?** If a new admission is fully vaccinated and has experienced NO known exposure to someone with confirmed COVID-19, they do not need to quarantine after admission to your organization

Our community will begin implementing both the updated quarantine and visitation guidance throughout the week. Also included below is the link to the CMS (Centers for Medicare & Medicaid Services) on revised visitation guidance (QSO-20-39-NH Revised.)

<https://www.cms.gov/files/document/qso-20-39-nh-revised.pdf>

It is important to continue with the Core Principles of COVID-19 Infection Prevention practices:

- Continued screening of all who enter our community
- Hand hygiene
- Face covering or mask (covering mouth and nose)
- Social distancing at least six feet between persons

The COVID-19 vaccine gives us hope for a new chapter in our fight against this virus. I am so appreciative of the support and cooperation you all have given us during the past year. Thank you for your commitment to our community. Together, we're moving toward a COVID-free future.

The best source of information is always your community's Executive Director. You are also invited to visit THE WATERS SENIOR LIVING WEB SITE FOR ONGOING UPDATES at

<https://www.thewatersseniorliving.com/>