



# Finding Moments of Joy During the Holidays

*Presented by Amy Matthews, Dementia Consultant*



The holidays can be a stressful time for anyone. For those who care for someone with dementia this time of year has an element of added stress. Join us for a program to learn ways you can adapt holiday traditions to include the individual with dementia both at home and in a community. You'll leave with helpful tools and strategies to engage your loved one.

*Please Register By Tuesday, December 1<sup>st</sup>*

**Join us for a FREE Educational Webinar**

**Thursday, December 3<sup>rd</sup>**  
6:00 - 7:00 p.m.

Virtually Hosted By:

**Artis Senior Living of Lakeview**  
3535 N. Ashland Ave., Chicago, IL 60657

**Artis Senior Living of Bartlett**  
1035 S IL Route 59, Bartlett, IL 60103

**Artis Senior Living of Elmhurst**  
123 W. Brush Hill Road, Elmhurst, IL 60126

**To Register**  
**312-423-1514**

**TheArtisWay.com/LakeviewEvents**

