



To Travel or Not: 10 Tips for Vacations & Family Trips When You're a Caregiver

Presented by Jennifer L. FitzPatrick, MSW, LCSW-C, CSP. Jennifer has over 20 years' experience in healthcare and is the Founder of Jenerations Health Education, Inc. She has taught Gerontology at the college level for nearly 20 years and is currently an Adjunct Faculty Member at Johns Hopkins University's Odyssey Certificate on Aging Program. She is also the author of "Cruising Through Caregiving: Reducing the Stress of Caring for Your Loved One."



Traveling with someone you love who needs care isn't impossible, but it takes a lot of careful planning. In this interactive program, you'll learn how to determine if your loved one is up to taking a

trip, how to best prepare for a trip, and how to balance safety and fun on a vacation.

Please Register by Sunday, July 17th

**Join us for this FREE
Educational Webinar**

Tuesday, July 19th

5:30 - 6:30 p.m.

To Register

224-408-3152

TheArtisWay.com/WilmetteEvents

Your Partner
in Memory
Care™

Virtually Hosted by Artis Senior Living of Wilmette: 335 Ridge Road, Wilmette, IL 60091

Check out our other nearby communities in Bartlett, Elmhurst and Lakeview.

