



# The Words We Use

*Presented by Susan I. Wranik, MS, MA, CCC-SLP; Susan is a national speaker, author, linguist and medical professional who is passionate about communication, quality of life and giving a voice to others.*

How we talk about things can change the way we act and react to the world around us. This can also have a profound effect on our health. Words count—and if we're going to change the way we cope and carry on, we must start with the words we use.

Learn more about:

- Attitude and how it affects your health
- Positivity as a life force
- Socialization and brain function
- Coping and creating with cognitive shift during confinement
- Reframing thoughts

This interactive program will offer exercises to help you change your words—and your world!

***Please Register By Sunday, May 9<sup>th</sup>***

## Join us for a **FREE** Educational Webinar

**Tuesday, May 11<sup>th</sup>**

6:30 – 7:30 p.m. ET  
(5:30 – 6:30 p.m. CT)

**To Register**

**[TheArtisWay.com/Words](http://TheArtisWay.com/Words)**



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