
The Oakmont
Room

Starters

WEDGE SALAD

250 calories | 728 mg sodium

Iceberg wedge, sliced tomato, crispy onions straws, bleu cheese crumbles, bleu cheese dressing

TOSSED SALAD - GF

125 calories | 290 mg sodium

Mixed baby greens, shredded carrots, cucumber, tomato, choice of dressing

BUTTERNUT SQUASH & CRANBERRY QUINOA SALAD - GF

327 calories | 11 mg sodium

Roasted squash, dried cranberries, toasted pumpkin seeds, quinoa, red onion, pepper, honey, dijon mustard, balsamic vinegar

SOUP DU JOUR

MUSHROOM BRIE BISQUE – GF

240 calories | 446 mg sodium

Wild mushrooms, butter, shallots, brie, chicken stock, heavy cream, corn starch

Entrées

ALL ENTREES INCLUDE FRESH BREAD, YOUR CHOICE OF A CUP OF SOUP OR SIDE SALAD, TWO ACCOMPANIMENTS, A COLD BEVERAGE OF YOUR CHOICE AND COFFEE OR HOT TEA

SHRIMP OVER WHOLE WHEAT PASTA WITH CREAMY BASIL PESTO

489 calories | 1238 mg sodium

Shrimp, whole wheat pasta, cream, pesto, spinach, tomatoes, garlic, olive oil

THE OAKMONT ROOM SALAD - GF | Choice of chicken or salmon

387/531 calories | 460/391 mg sodium

Field Greens, dried cranberries, pecans, feta cheese and poppy seed dressing.

CHICKEN POT PIE

511 calories | 397 mg sodium

Chicken, chicken stock, onions, celery, carrots, milk, butter, flour, peas, salt, pepper, parsley, puff pastry

CHICKEN MARSALA

585 calories | 469 mg sodium

Chicken, butter, shallots, mushrooms, salt, pepper, chicken broth, garlic, marsala wine, half & half

PISTACHIO ENCRUSTED SALMON WITH RASPBERRY CREAM GF

936 calories | 251 mg sodium

Salmon, pistachios, raspberry liquor, cream, salt, pepper

SPICE RUBBED BEEF TENDERLOIN AU JUS

170 calories | 556 mg sodium

Beef tenderloin, thyme, all spice, salt, black pepper, beef broth, brandy, minced shallots

CHEF'S FEATURE

Ask your server about today's freshly prepared feature

Specialty Entrées

IN ADDITION TO A MEAL CREDIT, THESE ENTREES ARE AN ADDITIONAL \$5.00

PAN SEARED SEABASS WITH LEMON CAPER BROWN BUTTER – GF

261 calories | 1,067 mg sodium

Sea bass, white wine, lemon, garlic, shallots, capers, dill, butter, salt, pepper

ROSEMARY CRUSTED LAMBCHOPS WITH MINT PESTO – GF

553 calories | 1305 mg sodium

Lamb chops, oregano, thyme, rosemary, pepper, salt, olive oil, garlic, pine nuts, basil, mint, parsley, parmesan

FILET OSCAR

640 calories | 855 mg sodium

Petit filet of beef, jumbo lump crab, asparagus spears, béarnaise sauce

SEARED SCALLOPS WITH ORANGE GINGER SAUCE – GF

183 calories | 1,195 mg sodium

Scallops, shallots, orange juice, ginger, white wine, butter, olive oil, pepper, fresh mint

Accompaniments

MASHED POTATOES - GF

180 calories | 340 mg sodium

BAKED POTATO - GF (SWEET OR REGULAR)

114 calories | 73 mg sodium

WILD RICE PILAF

110 calories | 450 mg sodium

SEASONAL VEGETABLE MEDLEY - GF

64 calories | 117 mg sodium

GREEN BEANS - GF

37 calories | 21 mg sodium

HONEY GLAZED CARROTS - GF

70 calories | 200 mg sodium

Dessert

CHOCOLATE LAVA CAKE | 540 calories | 60 mg sodium

SUNDAE OF THE DAY

ICE CREAM

Chocolate, Vanilla, Coffee, Cappuccino Crunch, Mint Moose Tracks, Butter Pecan (No Sugar Added), Sherbet

FRESH FRUIT - GF | 120 calories | 35 carbohydrates

Beverages

ASSORTED COKE PRODUCTS, LEMONADE, ICED TEA

12 OZ \$.75 | 152 calories, 42g carbohydrates

16 OZ \$1.00 | 202 calories, 56g carbohydrates

20 OZ \$1.25 | 253 calories, 70g carbohydrates

HOT TEA \$1.25 | 0 Calories, 0g carbohydrates

COFFEE \$1.25 | 0 Calories, 0g carbohydrates

ASSORTED JUICES 6 OZ \$1.50 | 91 Calories | 21g carbohydrates