






Ecumen Point Pleasant Heights Menu ~ March 2019

Breakfast 7:30-8:30 am Lunch Sat.-Thur. 12:00-1:00 pm Supper Friday Night 4:30 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 4:30 p.m.	Saturday
Menus Are Subject To Change	Kitchen Phone 651-766-4466				¹ *Hot Turkey Sandwich Or *Tuna Melt on Texas Toast Mashed Potato & Gravy Coleslaw Lemon Bar Soup: Tomato Basil Bisque	² * BBQ Pork Sandwich Or *Seafood Salad Sandwich Sweet Potato Fries 3- Bean Salad Vanilla Pudding Soup: Italian Wedding
³ *Spaghetti w/ Garlic Breadstick Or * Bowl of Soup & Roll Green Beans Garden Salad Apple Pie Ala Mode Soup: Italian Wedding	⁴ *Vegetable Stuffed Peppers Or *Mushroom Swiss Burger Peas & Carrots Potato Wedges Raspberry Cheesecake Soup: Split Pea w/ Ham	⁵ *Beef Wild Rice Casserole Or *Chicken Taco Salad Steamed Spinach Pickled Beets Gingerbread Soup: Split Pea w/ Ham	Ash Wednesday ⁶ *Tuna Casserole Or *Meatball Sub Sautéed Zucchini California Medley Peanut Butter Bars Soup: Minestrone	⁷ *Sweet & Sour Chicken Or *BLT Wrap Steamed Rice Eggroll Robert Redford Dessert Soup: Minestrone	⁸ *Battered Fish Or *Chili Dog French Fries Buttered Carrots Boston Cream Pie Soup: Chili	Saturday Brunch ⁹ Cheesy Tater Tot Breakfast Bake Scrambled Eggs Maple Sausage Scones
Daylight Savings ¹⁰ *Braised Pork Shoulder Roast Or * Bowl of Soup & Roll Mashed Potatoes Buttered Corn Pumpkin Pie Soup: Chili	¹¹ *Scalloped Potato & Ham Or *Pizza Broccoli 7- Layer Salad Blueberry Pie Ala Mode Soup: Sauerkraut Soup	¹² *Stuffed Cabbage Roll Or *Chef Salad Steamed Rice Wax Beans Scotcharoo Bar Soup: Sauerkraut Soup	Chicken Soup Day ¹³ *Chicken Ala King over Biscuit Or California Cheeseburger on Onion Bun Peas & Pearl Onions Chips & Salsa Banana Cake Soup: Vegetable Beef	¹⁴ *Salisbury Steak Or *Chicken Salad on Croissant Mashed Potato & Gravy Mixed Veggie Double Chocolate Cake Soup: Vegetable Beef	¹⁵ *Garlic Herb Tilapia Or *Cheddar Burger Rice Pilaf Cheesy Cauliflower Cherry Cobbler Ala Mode Soup: Chicken & Rice	¹⁶ *Chicken Tenders Or *Ham & Cheese Croissant Sandwich Tater Tots Pasta Salad Rhubarb Custard Cake Soup: Chicken & Rice

<p>St. Patrick's Day 17</p> <p>Corned Beef & Cabbage</p> <p>Steamed Red Potatoes Parsley Buttered Carrots</p> <p>Mint Brownies</p>	<p>18</p> <p>*Turkey Tetrazzini Or * Fajita Grilled Cheese</p> <p>Buttered Snap Peas Cucumber Salad</p> <p>Orange Pineapple Cake</p> <p>Soup: White Chicken Chili</p>	<p>19</p> <p>*Beef Stew over a Biscuit Or *BLT Turkey Salad</p> <p>Harvard Beets Buttered Corn</p> <p>Fruited Jello</p> <p>Soup: White Chicken Chili</p>	<p>20</p> <p>*Chicken & Broccoli Fettuccini Alfredo Or * Fish Sandwich</p> <p>Peas & Carrots Onion Rings</p> <p>Strawberry Cake Ala Mode</p> <p>Soup: Vegetable</p>	<p>21</p> <p>*Pork Chow Mein Or *Club Sandwich</p> <p>Steamed Rice Eggroll</p> <p>Chocolate Sheet Cake</p> <p>Soup: Vegetable</p>	<p>22</p> <p>*Alaska Pollack Almondine Or *BBQ Chicken Sandwich</p> <p>Wild Rice Blend Green Beans</p> <p>Tapioca Pudding</p> <p>Soup: California Medley</p>	<p>23</p> <p>*Kielbasa & Baked Beans Or *Egg Salad Croissant</p> <p>Fried Potato Wedges Coleslaw</p> <p>Rice Krispy Bar</p> <p>Soup: California Medley</p>
<p>24</p> <p>*Pecan Crusted Tilapia Or * Bowl of Soup & Roll</p> <p>Au Gratin Potatoes Beets</p> <p>Custard Pie</p> <p>Soup: Cream of Cauliflower</p>	<p>25</p> <p>*Lasagna With Garlic Breadstick Or *Chicken Salad Wrap</p> <p>Broccoli Potato Chips</p> <p>Cheesecake</p> <p>Soup: Cream of Cauliflower</p>	<p>26</p> <p>*Salsa Chicken Or Deluxe Cheeseburger Salad</p> <p>Spanish Rice Glazed Carrots</p> <p>White Chocolate Mousse w/ Caramel Sauce</p> <p>Soup: Cream of Mushroom</p>	<p>27</p> <p>*Beef Stew w/ Biscuit Or *Breaded Chicken Sandwich</p> <p>Waffle Fries Mashed Rutabaga</p> <p>Almond Cherry Cake Ala Mode</p> <p>Soup: Cream of Mushroom</p>	<p>Black Forest Cake Day 28</p> <p>*Chicken Picatta Or *Gyro</p> <p>Rice Pilaf Vegetable Blend</p> <p>Black Forest Cake</p> <p>Soup: Tomato</p>	<p>29</p> <p>*Salmon Loaf w/ Dill Sauce Or *Grilled Cheese</p> <p>Mashed Potatoes & Gravy Creamed Peas</p> <p>Pineapple Upside Down Cake</p> <p>Soup: Tomato</p>	<p>30</p> <p>*Chicken Drumsticks Or *Sloppy Joe</p> <p>Tater Tots Cucumber Salad</p> <p>Brownie Ala Mode</p> <p>Soup: Loaded Potato</p>
<p>31</p> <p>* Pork Loin Or * Bowl of Soup & Roll</p> <p>Baked Sweet Potatoes Peas & Carrots</p> <p>Lemon Meringue Pie</p> <p>Soup: Loaded Potato</p>			 <p>Ash Wednesday</p>	 <p>DAYLIGHT SAVING TIME</p>	<p>Kitchen Phone 651-766-4466</p>	<p>Menus Are Subject To Change</p>