



# ***Ecumen Point Pleasant Heights Menu ~ February 2019***

***Breakfast 7:30-8:30 am Lunch Sat.-Thur. 12:00-1:00 pm Supper Friday 4:30 pm***

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday 4:30 p.m.  | Saturday   |
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| <b>Menu<br/>Subject To<br/>Change</b>   | <b>Kitchen<br/>Phone<br/>651-766-<br/>4466</b>   |    |  | <br><i>Valentine's Day<br/>February 14th</i>                               | <b>1</b><br>*Battered Fish<br>Or<br>*Sausage or Pepperoni<br>Pizza<br><br>Mashed Potato & Gravy<br>Coleslaw<br><br>Rice Krispy Bar<br><br>Soup: Split Pea w / Ham                 | <b>National Tater Tot Day 2</b><br>*Sloppy Joe<br>Or<br>*Seafood Salad Croissant<br><br>Tater Tots<br>3- Bean Salad<br><br>Chocolate Eclair Dessert<br><br>Soup: Tomato Soup |
| <b>3</b><br>*Pork Shoulder Roast<br>Or<br>*Bowl of Soup<br><br>Mashed Potato &<br>Gravy<br>Glazed Carrots<br><br>Blueberry Pie Ala<br>Mode<br><br>Soup: Chef's Choice | <b>4</b><br>*Chicken Chow Mein<br>Or<br>* Grilled Ham &<br>Cheese<br><br>Steamed Rice<br>Eggroll<br><br>Strawberry Shortcake<br><br>Soup: Hamburger<br>Vegetable                           | <b>5</b><br>*Hamburger Potato<br>Casserole<br>Or<br>*Popcorn Chicken Salad<br><br>Green Beans<br>Beets<br><br>Chocolate Pudding<br><br>Soup: Hamburger<br>Vegetable | <b>6</b><br>*Chicken Enchiladas<br>Or<br>*Mushroom Swiss<br>Burger<br><br>Cilantro Lime Rice<br>Onion Rings<br><br>Caramel Cheesecake<br>Chimichanga w/<br>Cinnamon Ice cream<br><br>Soup: Navy Bean w/<br>Ham | <b>7</b><br>*Liver & Onions<br>Or<br>*Club Sandwich<br><br>Boiled Potatoes<br>Steamed Broccoli<br><br>Lemon Bar<br><br>Soup: Navy Bean w/ Ham                 | <b>8</b><br>*Meatloaf<br>Or<br>Deluxe Tuna Salad<br>Sandwich on Pretzel Bun<br><br>Mashed Potato & Gravy<br>Mixed Vegetables<br><br>Spice Cake<br><br>Soup: Creamy Potato<br>Soup | <b>Saturday Brunch 9</b><br><br>Biscuits & Gravy<br>Scrambled Eggs<br>Fried Potatoes<br>Bacon<br><br>Jelly Filled Donut  |
| <b>10</b><br>*Baked Chicken<br>Or<br>*Bowl of Soup<br><br>Mashed Potato &<br>Gravy<br>Wax Beans<br><br>Chef's Choice<br><br>Soup: French Onion                        | <b>11</b><br>*Hamburger Steak w/<br>Onion Gravy<br>Or<br>*Grilled Chicken<br>Sandwich<br><br>Au Gratin Potatoes<br>Peas & Carrots<br><br>Pistachio Dessert Salad<br><br>Soup: French Onion | <b>12</b><br>*Marinated Pork Chop<br>Or<br>*Chicken Caesar Salad<br><br>Rice Pilaf<br>Buttered Carrots<br><br>Pumpkin Dessert<br><br>Soup: Chicken & Dumpling       | <b>13</b><br>*Swedish Meatballs<br>Or<br>*Turkey Bacon Ranch<br>Wrap<br><br>Mashed Potato & Gravy<br>Mixed Vegetables<br><br>Peach Cobbler<br><br>Soup: Chicken &<br>Dumpling                                  | <b>Valentine's Day 14</b><br><br>Pasta Bar w/ Choice of<br>Pastas, Sauces and Meat<br>With<br>Garlic Breadstick<br>&<br>Caesar Salad<br><br>Cherry Cheesecake | <b>15</b><br>*Baked Cod<br>Or<br>*Bacon Cheeseburger<br><br>Baked Potato<br>Sautéed Zucchini<br><br>Orange Cream Cake<br><br>Soup: California Medley                              | <b>16</b><br>*Chicken Tenders<br>Or<br>*Bratwurst w/ Kraut<br><br>Sweet Potato Fries<br>Carrot Raisin Salad<br><br>Tapioca Pudding<br><br>Soup: Chef's Choice                |

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| <p style="text-align: right;">17</p> <p>*Pot Roast<br/>Or<br/>*Bowl of Soup</p> <p>Mashed Potato &amp;<br/>Gravy<br/>Peas &amp; Pearl Onions</p> <p>Strawberry Rhubarb<br/>Pie Ala Mode</p> <p>Soup: Chicken Wild<br/>Rice</p> | <p style="text-align: right;">18</p> <p>*Chicken Noodle<br/>Casserole<br/>Or<br/>*BLT Sandwich</p> <p>Buttered Snap Peas<br/>Baked Beans</p> <p>7- layer bar</p> <p>Soup: Chicken Wild<br/>Rice</p> | <p style="text-align: right;">19</p> <p>*Tater tot Hot dish<br/>Or<br/>*Chef Salad</p> <p>Green Beans<br/>Baked Squash</p> <p>Caramel Apple Bread<br/>Pudding</p> <p>Soup: Vegetable</p>                          | <p style="text-align: right;">20</p> <p>* Chicken Legs in<br/>Creamy Gravy<br/>Or<br/>*BBQ Pork Sandwich</p> <p>Roasted Red Potatoes<br/>7- Layer Salad</p> <p>Mint Chocolate Poke<br/>Cake</p> <p>Soup: Vegetable</p>    | <p style="text-align: right;">21</p> <p>*Hamburger Stroganoff<br/>over Noodles<br/>Or<br/>*Breaded Chicken<br/>Sandwich</p> <p>German Potato Salad<br/>Buttered Corn</p> <p>Rice Pudding</p> <p>Soup: Chicken Noodle</p>              | <p style="text-align: right;">22</p> <p>*Chicken Alfredo over<br/>Linguini<br/>Or<br/>*Fish Sandwich</p> <p>Pickled Beets<br/>Peas &amp; Carrots</p> <p>Double Chocolate Cake</p> <p>Soup: Chicken Noodle</p> | <p style="text-align: right;"><b>National Chili Day</b> 23</p> <p>BBQ Pork Riblet<br/>Sandwich<br/>Or<br/>* Egg Salad Sandwich</p> <p>French Fries<br/>Cucumber Salad</p> <p>Butter Pecan Sundae</p> <p>Soup: Chili</p> |
| <p style="text-align: right;"><b>Sunday Brunch</b> 24</p> <p>French Toast Bake<br/>Scrambled Eggs<br/>Hash browns<br/>Sausage</p> <p>Assorted Muffins</p>  | <p style="text-align: right;">25</p> <p>*Pork Carnita Fajitas<br/>Or<br/>* Turkey Burger</p> <p>Mexican Rice<br/>Coleslaw</p> <p>Lemon Angel Food<br/>Cake</p> <p>Soup: Chili</p>                   | <p style="text-align: right;">26</p> <p>*Porcupine Meatballs<br/>Or<br/>*Strawberry Mango Salad<br/>w/ Chicken</p> <p>Buttered Noodles<br/>Mixed Vegetables</p> <p>Pistachio Pudding</p> <p>Soup: Beef Barley</p> | <p style="text-align: right;"><b>Nat. Strawberry Day</b> 27</p> <p>*Lemon Pepper Cod<br/>Or<br/>*California<br/>Cheeseburger</p> <p>Scalloped Potatoes<br/>Beets</p> <p>Strawberry Cream Pie</p> <p>Soup: Beef Barley</p> | <p style="text-align: right;">28</p> <p>*Spinach &amp; Mushroom<br/>Lasagna w/ Garlic Toast<br/>Or<br/>Grilled Cheese on Texas<br/>Toast</p> <p>Green Beans<br/>Potato Chips</p> <p>Rhubarb Cake</p> <p>Soup: Tomato Basil Bisque</p> |    | <p style="text-align: center;"><b>Kitchen<br/>Phone<br/>651-766-<br/>4466</b></p>   |