

THE MANOR
at York Town

Emotionally Together While Socially Apart



Above: Roberta Huber enjoying a glass of white wine from the traveling cart!

It is a bright afternoon at The Manor at York Town that no one could have quite anticipated at the beginning of the year. Award-winning bagpiper, Traci, walks The Manor's grounds, serenading the community with traditional Scottish music while residents take in the sunshine and songs from their apartment balconies. Remaining socially distant has required both staff and seniors to get creative when it comes to activities, but has been a challenge that neither has shied away from.

"Activities have been very limited at this time, particularly during the red and yellow phase," says Robyn Fine, director of community life at The Manor at York Town. "This has led to us offering more activities that residents can enjoy from their rooms like outdoor concerts or FaceTime family visits. By far, though, the most well-received has been the thrice-weekly traveling happy hour."

This traveling cart is just as happy as it sounds! Staff members stop by each residents' rooms with an array of beverages and friendly conversation to brighten their day. Happy hour was a beloved pastime of Manor residents previously, and rather than let the tradition be postponed, they went the extra mile and brought the welcoming spirit (and spirits) to them.

"It does make for a nice part of the day," comments

Roberta Huber, a resident at The Manor. "They have done a lot to make sure there are things to do. I still get to exercise every day, and they do everything to make sure we have what we need. The happy hour cart is a chance to chat a bit as well."

In order to help keep residents connected with the world from their apartments, The Manor at York Town staff has not stopped finding new ways to help residents. "When the phones went down during a late afternoon storm, all staff worked together to knock on every door and take dinner orders for the residents. Rain or shine, Manor staff came together to make sure the residents were happy and well fed!" says Robyn.

"It makes a difference, being in a community like this," concludes Roberta. "If I was on my own, I don't suppose I would be able to see anybody. Here, though, I never feel isolated because there is always someone to talk to no matter what is happening."

With the help and creativity that comes from the entire team at The Manor, residents always have options on how to spend their days. This means that social distancing may limit contact, but it does not limit variety as well as the memories made together.