

# October 2019 Assisted Living Meaningful Life Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		11:15 Exercise w/ Aliyah -GP <b>1</b> 1:30 Bingo Hour- GP 2:45 <b>Movie Matinee: "The First Wives Club"</b> 1996 film- MT 3:30 <b>Ceramic Craft With Aliyah 2<sup>nd</sup> Fl. West</b> 4:00 Knitting Club 1 <sup>st</sup> Fl. Parlor	10:30 <b>Catholic Communion-GP 2</b> 11:15 Exercise w/ Rachel-GP 2:30 Ultimate Crossword Puzzle – 1 <sup>st</sup> Fl. East 3:30 Inspirational Stories- Library 4:00 Resident Room Visits 6:30 <b>History Lecture w/ Mike Topic: Duffy's Cut-Death on the Railroad"-GP</b>	11:15 Cardio w/ Sarah-GP <b>3</b> 2:00 Watercolor Workshop: Pumpkin Patch – 2 <sup>nd</sup> Fl. West 3:45 Ladies Club Wreath Making-1 <sup>st</sup> Fl. East 4:00 Let's Play Jeopardy w/ Sarah – 2 <sup>nd</sup> Fl. East	10:30 <b>Open Shopping-O 4</b> 11:15 Exercise w/ Sarah-GP 1:45 Shakespeare Club Reading "King Henry VI- MT 2:00 National Frappuccino Day Drinks & Ice Breakers 2 <sup>nd</sup> Fl. West 4:00 iN2L "How Much Did It Cost" Trivia w/ Sarah -2 <sup>nd</sup> Fl. East	11:15 Morning Stretching with Bianca-GP <b>5</b> 1:30 Kindness Cards Craft - GP 3:45 iN2L Trivia 2 <sup>nd</sup> Floor East LR
11:15 Cardio w/ Aliyah-GP <b>6</b> 1:00 <b>Eagles vs Jets on CBS</b> 1:30 <b>Jazz Vocalist Jahwula</b> 2 <sup>nd</sup> Fl. East LR 2:30 Did You Know? Discussion 2 <sup>nd</sup> Fl. West 3:45 Ax Throwing Sport Game 1 <sup>st</sup> Fl. East	11:15 Exercise w/ Sarah-GP <b>7</b> 2:00 Let's Garden: Fall Flowers 2 <sup>nd</sup> Fl. West 2:30 <b>Ecumenical Service w/ Pastor G- GP</b> 3:30 <b>Blessing of the Animals Terrace Mansion Patio</b> 4:00 Resident Room Visits	10:00 <b>Music Therapy w/ Dan P 2<sup>nd</sup> Fl. West LR 8</b> 11:15 Exercise w/Sarah--GP 2:00 <b>Benjamin Soffer Presents "Historical Gardens" GP</b> 3:15 Cooking Demo: Pumpkin Spiced Latte's 1 <sup>st</sup> Fl. East Kitchen  4:15 Knitting Club 1 <sup>st</sup> Fl. Parlor	11:15 Exercise w/ Sarah 2 <sup>nd</sup> Fl. East Living Room <b>9</b> 11:30-1:30 <b>Yom Kippur Service from Central Synagogue-GP</b> 2:00 <b>Live Service Yom Kippur-GP</b> 2:30 Ultimate Crossword Puzzle 2 <sup>nd</sup> Fl. East <p style="text-align: center;">Yom Kippur</p>	11:15 Cardio w/ Aliyah-GP <b>10</b> <b>Trip to Movies BMFI TBD</b>  1:30 Bingo Hour with Sarah- GP 2:45 Let's Bake: Cinnamon Pumpkin Cake Bombs 2 <sup>nd</sup> Fl. East 4:15 "Let's Play the Family Feud" w/ Sarah – 1Fl. East	10:30 <b>Open Shopping-O 11</b> 11:15 Exercise w/ Rachel-GP 1:45 Shakespeare Club Reading "King Henry VI- MT 2:30 Baking w/ Rachel "Sweet Potato Treats" 1 <sup>st</sup> Fl. East Kitchen 4:00 <b>Shabbat Service with Julian- GP</b>	11:15 Morning Exercise w/ Izzy- GP <b>12</b> 1:30 Bingo Hour- GP 3:45 Walking Club meeting in the Mansion Lobby
11:15 Exercise w/ Sarah 2 <sup>nd</sup> Fl. East <b>13</b> 1:00 <b>Eagles vs Vikings on FOX</b> 2:00 Categories on 2 <sup>nd</sup> Fl. West 3:00 "Who Am I?" Discussion – 2 <sup>nd</sup> Fl. East 5:45 Amazon Flic: Late Night-MT + <i>Sukkot on ML Terrace</i>	10:30 Guided Meditation w/ Pastor G- GP <b>14</b> 11:15 Exercise w/ Aliyah-GP 1:00 Dessert & Prayer's in the Sukkot ML Terrace 2:30 <b>Ecumenical Service w/ Pastor G- GP</b> 3:30 <b>Art Auction Happy Hour 2<sup>nd</sup> Fl. East</b> Columbus Day (US) Thanksgiving Day (Canada) Sukkot	11:15 Exercise w/ Rachel-GP <b>15</b> 1:00 <b>Trip: Fiji Nail Salon-O</b> 1:30 Bingo Hour w/ Rachel- GP 3:00 Word Games and Brain Teasers- 2 <sup>nd</sup> Fl. East LR 4:15 Knitting Club 1 <sup>st</sup> Fl. Parlor <p style="text-align: center;"><i>Sukkot on ML Terrace</i></p>	10:30 <b>Catholic Communion-GP 16</b> 11:15 Exercise w/ Sarah-GP 2:30 <b>Fall Remembrance Service-GP</b> 3:45 Ultimate Crossword Puzzle - 2 <sup>nd</sup> Fl. East 4:00 Scrabble w/ Rachel- 2 <sup>nd</sup> Fl. West <p style="text-align: center;"><i>Sukkot on ML Terrace</i></p>	11:15 Cardio w/ Aliyah-GP <b>17</b> 2:00 <b>Pianist Tony Lombardi Musical Performance-ML</b> 3:30 <b>Food Committee-MT</b> 4:00 The Knights of the Hearth-Men's Club-GP 4:00 Let's Play Jeopardy w/ Sarah – 2 <sup>nd</sup> Fl. East <i>Sukkot on ML Terrace</i>	10:30 <b>Open Shopping-O 18</b> 11:15 Cardio w/ Aliyah-GP 2:00 Football Documentary -MT 3:00 <b>Sip &amp; Paint "Fall Edition"- ML</b>  <i>Sukkot on ML Terrace</i>	11:15 Morning Stretching with Bianca-GP <b>19</b> 2:00 Assess Yourself Workshop-GP 3:30 <b>Sweetheart's Day Sweetie Social – GP</b> <p style="text-align: center;"><i>Sukkot on ML Terrace</i></p>
11:15 Exercise w/ Rachel-GP <b>20</b> 1:30 Let's Play Blackjack!- GP 3:00 Ken Burns Baseball Documentary- MT 4:00 Walking Club meet in Mansion Lobby 8:20 <b>Eagles vs Cowboy on NBC</b> 	11:00 Simchat Torah Prayers-GP <b>21</b> 11:15 Yoga w/ Jess 2 <sup>nd</sup> fl. East 1:00 <b>Resident Council- GP</b> 2:30 <b>Ecumenical Service w/ Pastor G- GP</b> 3:45 iN2L Word Games 2 <sup>nd</sup> Floor East	10:00 <b>Music Therapy w/ Dan P 1<sup>st</sup> Fl. East LR 22</b> 11:15 Exercise w/ Rachel-GP 1:30 Bingo Hour 1 <sup>st</sup> Fl. East Living Room 3:00 <b>Pumpkin Painting 2<sup>nd</sup> Fl. East LR</b> 4:15 Knitting Club 1 <sup>st</sup> Fl. Parlor <p style="text-align: center;"><i>Simchat Torah</i></p>	10:30 Guided Meditation w/ Pastor G-location 2 East Parlor <b>23</b> 11:15 Exercise w/ Sarah 2 <sup>nd</sup> Fl. East Living Room 2:00 Coffee & Conversation-Café 2:30 Ultimate Crossword Puzzle – 1 <sup>st</sup> Fl. East	11:15 Cardio w/ Aliyah-GP <b>24</b> 1:00 <b>Trip: Pumpkin Patch-O</b>  2:30 <b>Life Long Learning with Jodi "Seniors Stride"- GP</b> 3:30 Let's Bake: Mini Pumpkin Pie Cups – 1 <sup>st</sup> Fl. East Kitchen	10:30 <b>Open Shopping-O 25</b> 11:15 Exercise w/ Sarah-GP 1:45 Shakespeare Club Reading "King Henry VI- MT 2:30 Watercolor Workshop: Pumpkin Patch- 2 <sup>nd</sup> Fl. West 4:00 <b>Shabbat Service with Julian- GP</b>	11:15 Yoga w/ Izzy-GP <b>26</b> 2:00 Scrabble & Board Games on 2 <sup>nd</sup> Floor East 4:00 Meditation 1 <sup>st</sup> floor East Parlor
11:15 Cardio w/ Aliyah-GP <b>27</b> 1:00 <b>Eagles vs Bill on FOX</b> 1:30 <b>Jazz Vocalist Jahwula</b> 2 <sup>nd</sup> Fl. West LR 2:15 Card Club 1 <sup>st</sup> Fl. East 4:00 Resident 1:1 Visits	11:15 Exercise w/ Sarah-GP <b>28</b> 1:00 <b>Trip: Beth Sholom Congregation-O</b> 2:30 <b>Ecumenical Service- GP</b> 3:30 iN2L Word Games on 2 <sup>nd</sup> fl. East with Sarah	11:15 Exercise w/ Rachel-GP <b>29</b> 1:30 Bingo Hour- GP 3:30 <b>Passports to Paradise: Visiting Columbia- GP</b>  4:15 Resident Room Visits	11:15 Exercise w/ Sarah-GP <b>30</b> 2:00 <b>Scent &amp; Sip Program w/ Rachel &amp; Sarah – GP</b> 3:30 <b>Fox Rehab Lecture- GP</b> 4:00 Headbandz w/ Rachel- 2 <sup>nd</sup> Fl. West	11:15 Cardio w/ Aliyah-GP <b>31</b> <b>Trunk or Treat with Step by Step Preschool Students rotating households before lunch</b> 3:30 <b>Halloween Spooktacular Game Show Happy Hour- ML</b> <p style="text-align: center;">Halloween</p>	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p><b>Location Key:</b></p> <ul style="list-style-type: none"> <li>HH- Household</li> <li>DR- Household Dining Room</li> <li>MT- Movie Theater</li> <li>O- Off Site (trips)</li> <li>ML- Mansion Lobby</li> <li>GP- Gathering Place</li> <li>LI- Mansion Library</li> </ul> </div>	