

Sunday

Monday

Tuesday

Wednesday







Thursday

Friday

Saturday

February 2019

Meaningful Life Program Calendar

<p>10:30 St. Matthias Church-O 3 11:15 Yoga w/ Izzy-GP 1:45Meditation/ Relaxation 1st Fl. East Parlor w/ Izzy 3:15 Card Club 1st Fl. East 6:30 Super Bowl Sunday Patriots vs Rams(CBS)-MT</p> 	<p>11:15 Exercise w/ Aliyah- GP 4 2:00 Ecumenical Worship Service w/ Pastor G-GP 2:15 Relaxation Visits by Aliyah RR 3:15 Community Wide Resident Council Meeting-GP 4:00 iN2L Trivia w/ Aliyah on 2nd FL. East HH</p>	<p><i>Rotating AM dog visits w/ Daisy</i> 5 10:00 Music Therapy w/ Dan 1st Fl. East 11:15 Cardio w/ Aliyah-GP 2:00 Andrew Douglas Presents "All About the Oscars" Lecture Series- GP 2:30 Brain Busters 2nd Fl. West w/ Gaby 4:00 Body Mechanics- 1st East <small>Chinese New Year</small></p>	<p>10:30 Communion 1East Parlor 6 11:15 Exercise w/ Rachel-GP 1:30 FOX Rehab Discussion: "Energy Conservation"-GP 2:30 Faith Films: "Joseph & the Amazing Dream Coat"-MT 3:30 Who/ What Am I?- 2 East 4:00 Ladies of Liberty: Women's Club w/ Sarah-GP</p>	<p>11:15 Cardio w/ Aliyah-GP 7 12:00 Cooking Demo 1East DR 1:30 Bingo Time!- GP 2:30 Music Education Mini-Series w/ Zach-MT 3:30 Seated Stretching- IL 4:00 Sign Language w/ Aliyah 2nd FL. East 6:00 Netflix Documentary: Zumbo's Just Dessert Ep 1</p>	<p>10:30 Open Shopping Trip-O 1 11:15 Exercise w/ Sarah-GP 1:45 Shakespeare Reading 2West Parlor- "Winter's Tale" 2:30 Mediation w/ Izzy 1st fl. East Parlor 3:30 Everything Chocolate Fondue Social-ML</p> 	<p>11:15 Exercise w/ Izzy-GP 2 1:30 Bingo Hour 1st Fl. East Living Rm 3:00 Coffee & Discussion w/ Izzy- Cafe 3:45 Indoor Walking Club w/ Izzy meet in Gathering Place 6:00 Netflix Documentary: BBC Earth: Madagascar Ep. 1 <small>Groundhog Day</small></p>
<p>10:30 St. Matthias Church-O 10 11:15 Exercise w/ Gaby-GP 1:15-1:45 Arjun Playing Classical Music in ML 2:00 Cupcake Baking w/ Gaby 1st Floor East 3:30 Creative Arts Corner w/ Gaby 2nd Floor West</p>	<p>10:00 Trip: Nail Salon-O 11 11:15 Exercise w/ Rachel-GP 2:00 Ecumenical Worship Service w/ Pastor G-GP 2:15 In Room Visits w/ Sarah RR 3:00 Categories Rachel 2nd Fl. West 3:45 iN2L Trivia w/ Sarah on 2nd FL. East HH</p>	<p><i>Rotating AM dog visits w/ Daisy</i> 12 10:30-11:00 Classical Piano Music with Carlene-ML 10:30 Trip: Knitting Club-O 11:15 Cardio w/ Sarah-GP 2:00 Knights of the Hearth Men's Club-Café 2:30 Famous Faces Discussion w/ Sarah 1 East 4:00 Body Mechanics 1st fl. East</p>	<p>11:15 Exercise w/ Rachel-GP 13 1:30 Bingo Hour-GP 2:30 Spiritual Stories for the World-IL 3:15 Food Committee-GP Afternoon 1:1 Visits w/ Community Life -RR 4:00 Valentine's Day Trivia w/ Sarah- MT</p>	<p>11:15 Cardio w/ Aliyah-GP 14 1:45 Movie Matinee: "My Perfect Romance" 2018 Romance film-MT 2:30 Sign Language 2nd FL. East 4:00 Sweet Heart Social Live Music with Bruce Fagan-ML</p>  <p><small>Valentine's Day</small></p>	<p>10:30 Open Shopping Trip-O 15 11:15 Exercise w/ Sarah-GP 1:45 Shakespeare Reading 2West Parlor- "Winter's Tale" 2:00 Crafter's Corner: Welcome Signs w/ Izzy & Sarah-GP 3:30 New Resident "Welcoming Committee"-GP 4:00 Sarah Room Visits-RR 4:00 Izzy Meditation Hour 1East Parlor</p>	<p>11:15 Exercise w/ Izzy-GP 16 1:30 Bingo Hour 1st Fl. East Living Rm 2:45 Movie Matinee Viewer's Choice-MT 3:00 Health Discussion: "Goals & Growth" 3:45 Indoor Walking Club w/ Izzy meet in Gathering Place 6:00 Netflix Documentary: BBC Earth: Madagascar Ep. 2</p>
<p>10:30 St. Matthias Church-O 17 11:15 Yoga w/ Izzy-GP 2:00 Tea Tasting Social-Café</p>  <p>3:45 Aromatherapy/Hand Massages Relaxation Hour 1st Fl East Parlor w/ Izzy</p>	<p>11:15 Exercise w/ Jess- GP 18 2:00 Ecumenical Worship Service w/ Pastor G-GP 2:15 Toss & Talk About It w/ Sarah on 2West HH 3:00 Movie Matinee: Broadway Residents Choice-MT 3:30 iN2L Word Games on 2nd Fl. East HH <small>Presidents' Day (US)</small></p>	<p><i>Rotating AM dog visits w/ Daisy</i> 19 10:00 Music Therapy w/ Dan 2nd Fl. West 11:15 Cardio w/ Aliyah-GP 1:45 Japanese Class 1st Fl. East 2:30 Indoor Walking Club - GP 3:30 Sip & Paint Social-ML</p> 	<p>10:30 Roman Catholic Communion 1East Parlor 20 11:15 Exercise w/ Rachel-GP 11:30 Trip: Hibachi Lunch-O 1:30 Bingo Hour-GP 3:30 Music Education Mini-Series w/ Zach-MT 4:00 Ladies of Liberty: Women's Club w/ Sarah-GP</p>	<p>11:15 Cardio w/ Aliyah-GP 21 2:00 iN2L Trivia Hour w/ Gaby 1st Fl. East 3:00 Nutrition Seminar w/ Chris-ML 4:00 Sign Language w/ Aliyah 2nd FL. East 6:00 Netflix Documentary: Zumbo's Just Dessert Ep 2</p>	<p>10:30 Open Shopping Trip-O 22 11:15 Exercise w/ Sarah-GP 1:45 Shakespeare Reading 2West Parlor- "Winter's Tale" 2:00 Indoor Walking Club w/ Izzy meet in Gathering Place 2:30 Center Piece Making 2nd Fl. West DR 3:15 Book Club Meeting- IL 4:00 Shabbat Service-GP</p>	<p>11:15 Exercise w/ Gaby-GP 23 1:30 Family Feud 2nd floor East 2:45 Afternoon Stretch w/Gaby- GP 3:30 Bingo Hour 1st Fl. East Living Rm 6:00 Netflix Documentary: BBC Earth: Madagascar Ep. 3</p>
<p>10:30 St. Matthias Church-O 24 11:15 Exercise w/ Rachel- GP 11:15 Exercise w/ Gaby-GP 1:15-1:45 Arjun Playing Classical Music in ML 2:00 Potpourri Making Demo- 1st floor East 3:30 Sensory Group 2West 8:00 Oscars 2019 HH TV (Channel ABC)</p>	<p>11:15 Exercise w/ Rachel- GP 25 2:00 Ecumenical Worship Service w/ Pastor G-GP 2:15 Headbands w/ Rachel 2nd Fl. West 3:15 FOX Rehab Discussion w/ Kate " COPD"-GP 4:30 Relaxation Visits-RR</p>	<p><i>Rotating AM dog visits w/ Daisy</i> 26 11:15 Cardio w/ Aliyah-GP 1:45 Card Club- GP 2:00 Knights of the Hearth Men's Club- Café 3:00 Music Therapy w/ Audrey 1st fl. East 4:15 Body Mechanics- 1st fl. East w/ Sarah</p>	<p>11:15 Exercise w/ Sarah-GP 27 1:30 Bingo Hour-GP 2:00 Art & Culture Seminar 2West 2:30 Spiritual Stories for the World-IL 3:30 Passports to Paradise Traveling to Iceland-GP</p> 	<p>11:15 Cardio w/ Sarah-GP 28 1:00 Trip: Penn Museum-O 2:00 Baking Class 1st Fl. East with Aliyah 4:00 Sign Language w/ Aliyah 2nd FL. East 6:00 Netflix Documentary: Zumbo's Just Dessert Ep 3</p>	<p>The Hearth at Drexel Location Key: Located on 1st floor: HH-Household Living Rm ML-Mansion Lobby DR- Household Dining Rm GP- Gathering Place MT- Movie Theater LI- Mansion Library O-Off Site (trips) TO- Terrace off Mansion RR- Resident Room</p>	