

*"The chaplain is here for all, offering non-anxious and non-judgmental support. It is a privilege to come alongside people, caring deeply to ensure all have the spiritual support that is significant for them to foster meaning, value, and purpose, especially during times of major life transitions. It is my greatest joy to get to be "with" and "for" others, joining The Pines team to care for the whole person as each desires: mind, body and soul." - Ashley Thomas, Chaplain at The Pines at Davidson*

*"The word 'spirituality' is used today to include religion and its practice but is a broader term that points to that part of every human being who seeks meaning, to fulfill deep existential needs and concerns, and to maintain hope as one faces the later years of one's life." - Association for Professional Chaplains*

## **Ways of Giving**

**Designating** The Pines at Davidson as a beneficiary of your annual IRA minimum distribution requirement.

**Sending** a gift or contributing online: ([www.thepinesatdavidson.org](http://www.thepinesatdavidson.org)) by clicking on the *Support The Pines* tab.

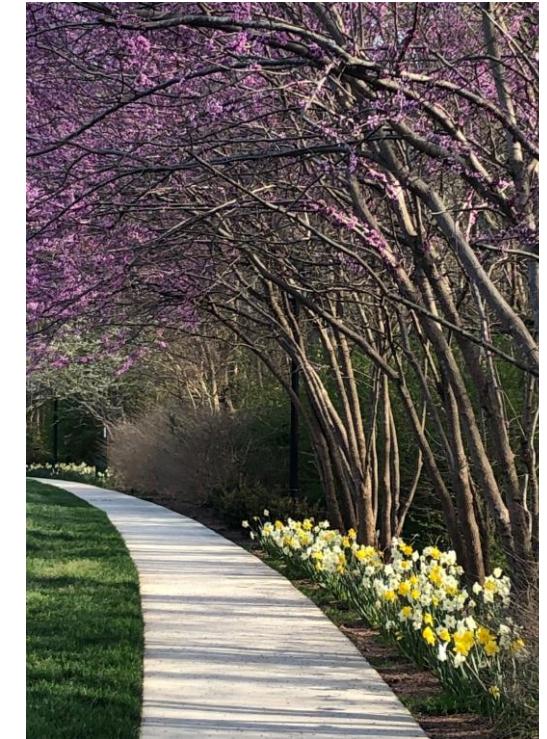
**Pledging** a gift to be paid over several years.

**Including** The Pines at Davidson in your estate plans.

*To learn more, please contact:*

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**THE CHAPLAINCY FUND**  
The Pines at Davidson  
400 Avinger Lane  
Davidson, NC 28036

**THE  
CHAPLAINCY  
FUND**

*At The Pines at Davidson*



## Chaplaincy Fund

**To help meet the spiritual and counseling needs of The Pines' community**

Contributions to the Chaplaincy Fund will increase the time that The Pines' new part-time chaplain can meet with residents and offer spiritual and counseling programs for the community.

**We invite you to make a gift to the Chaplaincy Fund so that more members of The Pines' community can benefit from the services of a chaplain.**

### An ecumenical chaplain would:

**Provide** spiritual support to those navigating the challenges associated with the later years of one's life.

**Help** residents adjust to a new community, address issues of loneliness, depression, withdrawal and self-isolation, particularly for someone without support of family, friends or a faith community.

**Support** families as they see their loved ones experience health declines, changes in levels of care, and the final transition toward death.

**Offer** intentional spiritual dimensions, especially when addressing transitions such as changes in relationships, grief and loss, and the challenge of "reinventing oneself" following the loss of a partner.

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*"As a retired health care professional, I have seen the remarkably meaningful services that an ecumenical chaplain can offer, and especially to a community such as ours." - Resident of The Pines*

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Tapestry detail (Pines' Chapel Room)

### Holistic Approach

In many hospitals and life plan communities, chaplains work with staff to provide personal and professional support for their work with residents. The majority of health-related institutions recognize that a holistic approach to healthcare is more effective.

### Training

For a chaplain in a setting such as The Pines (a life plan community), the typical training requirement beyond the basic graduate theological degree is four units (or 1 year) of Clinical Pastoral Education in a hospital setting. This training focuses especially upon developing one's listening skills, the ability to assess where the resident is in her or his life journey, including what that person's spiritual needs are, and what resources are available to help them.

