



COVID-19 UPDATE
AND OTHER HELPFUL INFORMATION

For Residents, Family Members, and Staff
Wednesday, September 30, 2020

New COVID-19 Case as of 9/30/20
Non-Health Center Staff: one case

Cumulative Active COVID-19 Cases at The Pines as of: 9/30/20
Non-Health Center Staff: one case

We wanted to inform you that a member of The Pines' staff tested positive for COVID-19, following our bi-weekly surveillance testing of staff who interact with Health Center residents. This individual provides services for our Health Center and therefore participates in our Health Center surveillance testing. This individual has no symptoms, will be contacting a medical professional and will remain off work until medically released to return.

The Pines will contact residents who may have been in close contact with this staff member within the last 14 days. Close contact is identified as more than 15 minutes of contact within 6 feet. The primary mode of transmission for COVID-19 is through close person-to-person contact. Based on lab studies of COVID-19 and what we know about similar respiratory diseases, it may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or eyes - but this isn't thought to be the primary way the virus spreads. Please be sure to contact your medical provider if you experience any COVID-19 symptoms, which can include: a dry cough, fever, chills. The following link provides additional information about COVID-19 symptoms: [CDC COVID-19 symptoms](#).

As you may also know, the State of North Carolina recently issued updated guidance regarding indoor and outdoor visitation policies for licensed nursing facilities. The following

are links to these new guidelines: [DHHS Guidance on Visitation for Larger Residential Settings](#) and [Secretarial Order](#).

Due to this new COVID-19 case, for the next 14 days The Pines must limit visitation to only end of life situations and special care needs supported by a doctor's order. The Pines is obligated to operate within these license requirements. Management is currently reviewing the new guidance and determining the safest ways to implement it when this 14-day period has ended.

Thank you for your patience as The Pines seeks to meet the important needs of its residents while maintaining a safe environment for all members of The Pines community.

