



## **COVID-19 UPDATE**

### **AND OTHER HELPFUL INFORMATION**

***For Residents, Family Members, and Staff***  
**Thursday, December 10, 2020**

We learned today that a non-Health Center staff member tested positive for COVID-19. This individual was tested on 12/7 and received results from the test on 12/9. This staff member is experiencing some symptoms and is recuperating at home.

The Independent Living resident who tested positive for COVID-19 yesterday pursued this testing in preparation of a medical procedure. This individual has spoken to others with whom there may have been contact recently. The resident is self-isolating at home.

#### **New Active COVID-19 Case at The Pines (12/10/2020)**

Non-Health Center Staff: 1 Case

#### **Cumulative Active COVID-19 Cases at The Pines (12/10/2020)**

Independent Living Resident: 1 Case

Health Center Staff: 2 Cases

Non-Health Center Staff: 3 Cases

#### ***A Note from Heather McKee, Interim President/CEO and Executive Director***

I am grateful to be here with you during this momentous time at The Pines. Today's announcement regarding the appointment of Vernon Baker as The Pines' permanent President/CEO is joyful news, and we look forward to introducing him to the community in the coming weeks. The future addition of residents to The Pines' Board of Directors also marks a significant new chapter for this organization.



We are grateful to the dedicated Board members and residents who offered their expertise and time over many months to help The Board arrive at these two important decisions. I continue to be inspired by the commitment demonstrated across The Pines' community, and I look forward to opportunities to thank you individually for the special gifts you bring to The Pines.

This week brings with it sobering news in our region, as our Governor and other health officials strive to contain the alarming spread of COVID-19. We all share a deep concern for the members of our community who have recently tested positive COVID-19 and extend to these individuals our heartfelt wishes for a speedy recovery.

I invite you to do whatever you can to help keep our campus safe during this unsettling time. Please be extra vigilant with your mask wearing, hand washing, and social distancing. And while the holidays are typically such a social time of the year, we ask you not to leave campus to visit with friends or family. So many of us are striving to keep our Pines' bubble safe and we are grateful to all who can help us in any way. Even with the good news of vaccines on the horizon, it remains clear that in the near term we cannot let our guard down.

The same spirit of resilience and generosity that guided the founders of The Pines will lead us through these challenging times. It is indeed that love of neighbor and commitment to care for one another that will continue to be our guiding principles for the days to come.

## **ADDITIONAL INFORMATION**

### **COVID-19 Testing**

The Pines is exploring ways to provide additional support to Independent Living residents who wish to be tested for COVID-19. We will provide more information as it becomes available. At this time, we recommend the following:

- The Pines' Medical Director states that the best time to be tested is 5 days after possible exposure to someone who has COVID-19.
- Residents should first call their medical provider to learn the best ways to be tested, and especially since often a doctor's order is required for testing. The situation is evolving, and practices are increasingly adding testing on-site. Some practices are adding drive-by testing.
- Some physicians provide test orders only if their patient is showing symptoms.
- Residents who are patients of The Pines' Senior Care practice can be tested for COVID-19 at The Pines. For more information about this practice, please click here: [Senior Care](#)
- Dr. Tom Batchelor, who advises The Pines on COVID-19 matters, has informed The Pines that his practice, Atrium Health North Charlotte Medical Specialists-Huntersville, is willing to help Independent Living residents who may develop COVID-19 and

continue to reside in their Independent Living residences while they recuperate. His practice is open seven days per week and he or his staff make daily contact by phone or video with their COVID-19 patients. Here is more information about his practice: [Dr. Batchelor](#) or call 704-801-3300.

- Some COVID-19 testing sites in the area include:
  - Dr. Tom Batchelor's practice, Atrium Health North Charlotte Medical Specialists-Huntersville, provides drive-by COVID-19 testing (both rapid testing and PCR 1-inch nasal testing). Testing is offered seven days per week from 7am to 7pm and appointments can be made by calling 704-801-3300. An individual, if not already a patient of Dr. Batchelor's practice, will need to establish himself or herself as a patient to obtain a COVID-19 test. However, the individual may continue to keep a relationship with his or her Primary Care Provider if it is a different practice. Dr. Batchelor's practice will write the order for the test.
  - The Atrium Health Davidson Clinic (704-801-7900) plans to begin offering drive-by and in-office COVID-19 testing in the near future. More details will be provided later. The Atrium Health Davidson Clinic Urgent Care (704-801-7970) provides in-office COVID-19 testing to patients of any health system and the individual does not need to have an order from his or her Primary Care Provider. If you have symptoms or exposure, then you must have a provider's evaluation during your visit. If you want to be tested due to travel or pre-surgery, then you are seen by a nurse, not a provider, and you pay for the test at the time of service.
  - [Davidson Family Medicine](#) provides testing on-site, including rapid-testing, for patients of their practice who request testing due to travel needs, exposure to COVID-19 (they recommend testing on day 5 after exposure) or if the patient is exhibiting symptoms. They can be reached at 704-892-5252.
  - [Fast Med Urgent Care](#) Clinic, located at 168 Norman Station Blvd, Suite Q, in Mooresville (across from the Walmart) provide rapid COVID-19 testing. An appointment is required. To contact them, please call 704-235-0686.
  - [CVS Pharmacy](#), located on 2002 Shiloh Church Road in Davidson, provides COVID-19 drive-thru testing, which is self-administered. (This is not the CVS on Main Street in Davidson.). Appointments are required. Please call 704-439-3460. Here is a link to make an appointment (which run every 10 minutes) online: [Appointments](#). The last appointment time is 3:50 pm. With insurance, the test will cost \$0; an insurance card and picture identifications will be required. Without insurance, cost of the test is \$139, payable at time of test. Lab results typically take 3-4 days.

## **The Pines' Quarantine Policy**

Management has consulted with local health officials regarding the C.D.C.'s new quarantine guidelines (which decreased the number of days for certain quarantine situations). The Mecklenburg County Health Department advised The Pines that it should maintain a 14-day quarantine and so, this will remain The Pines' policy, especially given the rising COVID-19 positivity rates in our area.

## **Additional Construction on Campus: Gingerbread Houses**



The Activities Department recently sponsored a gingerbread house making opportunity for residents.

It was delightful to see the results and a challenge not to sample the decorations!

## **COVID-19: In The News**

Due to the alarming spread of COVID-19 in North Carolina, Governor Roy Cooper instituted a modified stay-at-home order on 12/8 that includes a 10:00 pm curfew. During his press conference he warned, "The stakes are dire. This is truly a matter of life and death." Please click here to read the Governor's press release: [Order](#)

*The Charlotte Observer* reported today that COVID-19 related hospitalizations in Charlotte have hit a new record. About 10.5% of tests were reported positive as of Tuesday, the latest day for which data are available. (This is above the 5% target set by health officials.) To read more from today's *Observer* regarding this, please click here: [Coronavirus Live Updates](#)

## **Luminaries at The Pines on Saturday**



Due to kind offer of a volunteer, The Pines at Davison will be decorated this Saturday evening with luminaries throughout our campus as part of the Davidson Housing Coalition's "Holidays for Hope and Housing" town-wide event. Recently, The Pines' Outreach Committee will be distributing information to residents soon with ways to support this local non-profit organization. You can also read this message by clicking here: [HHH](#). We thank all who are helping to advance the work of this important non-profit initiative!

## Santa's Visit to The Pines This Sunday

Many of you may know that a greatly anticipated moment in this town is the appearance of Santa Claus on a Davidson fire truck that rolls through streets of Davidson. Children and adults alike are uplifted by the gentle siren, lights and amplified Ho-Ho-Ho greetings and waves from Santa. This year, he will include The Pines on his route. Please enjoy seeing him this Sunday between 6:30 pm and 8:30 pm as he loops around Kimbrough Circle. Please remember to wear your mask and social distance from your neighbors. We are delighted to welcome this 'jolly old soul!' The following is information on the Town's website regarding his Sunday visit: [Santa](#)



## Closing Image

John Griffith shares an image of his lovely watercolor, entitled "Winter Is Coming."

