



COVID-19 UPDATE

AND OTHER HELPFUL INFORMATION

For Residents, Family Members, and Staff
Tuesday, December 15, 2020

Dr. Ron Beamon shared with us that he was exposed to COVID-19 and that he is isolating at home while he waits for test results. He was last present at The Pines on December 8, 2020. All nursing and assisted living residents were tested on December 7, 8, 14 and 15. All results from tests on December 7 and 8 were non-detect. Test results from December 14 and 15 have not been returned yet. Dr. Beamon will continue to support Pines' Health Center staff by phone. Providers with Atrium Senior Care will provide on-site care as needed while Dr. Beamon is isolating at home.

Cumulative Active COVID-19 Cases at The Pines (12/15/2020)

Health Center Staff: 3 Cases

Non-Health Center Staff: 2 Cases

Independent Living Resident: 1 Case

A Note from Heather McKee, Interim President/CEO and Executive Director

This weekend, I greatly enjoyed several opportunities to meet with residents throughout our Pines' campus, especially as they gathered to socialize during this holiday season. It was a pleasure, for example, to attend a Hanukkah celebration that included the lighting of a menorah at sundown on Saturday night. Thank you for inviting me to visit with you in residential areas. I hope the weather will permit us to arrange more of these outdoor occasions in the coming weeks.



As I shared yesterday in my Morning Minutes video (click [video](#) to view this message), COVID-19 has required us to postpone until next year some beloved holiday traditions at The Pines,

including the annual Pinetones Christmas concert. But it is delightful to see some of the creative and supportive ways residents continue to lift each other's spirits during this season: your festive door decorations are so inventive, and the cookies baked for staff are deeply appreciated.

It was a special joy to participate in the lighting of luminaries throughout our campus, a town wide annual event organized by Davidson Housing Coalition, a local non-profit organization endorsed by the Residents' Association Outreach Committee. You may have noticed that some of the luminaries that lined areas of Kimbrough Circle remembered residents who passed away this year. I appreciated this opportunity to read these names and recognize individuals whom I had the good fortune to know. Jane Campbell kindly created a video compilation of these special remembrance luminaries, which you can watch by clicking here: [In Memoriam](#). We will hold these individuals and their loved ones close to our heart, especially during this holiday season.



We will continue to face some challenges in the weeks ahead, but I know that as a community, we will find ways to continue to keep each other strong, lift each other's spirits in new ways, and imagine together joyful celebrations in the future.

ADDITIONAL INFORMATION

COVID-19 In The News

- Referring to the arrival of the COVID-19 vaccine in North Carolina, Governor Roy Cooper noted on Twitter, "It's a limited supply for now, but this is a remarkable achievement for science and health. We all need to keep wearing a mask and acting responsibly while we get as many people vaccinated as fast as we can." To read more from today's COVID-19 Update in the *Charlotte Observer*, please click here: [COVID-19 Daily Update](#)
- *New York Times*: Data Shows Moderna Vaccine is Highly Effective (click here to read the article): [Vaccine](#)
- As you may know, the Centers for Disease Control and Prevention (C.D.C.) recommends community use of multi-layer cloth masks to prevent COVID-19 transmission.
 - This is particularly relevant for asymptomatic or presymptomatic individuals who feel well and may be unaware that they are infectious: individuals who have no symptoms and, therefore, believe that they are not carriers. *It is estimated that more than 50% of transmissions occur via such individuals.*
 - Masks also help provide personal protection for the wearer by reducing the likelihood of inhaling infectious droplets.
 - To read more from the C.D.C.'s scientific brief, please click here: [Masks](#)

COVID-19 Related Senior Care Services

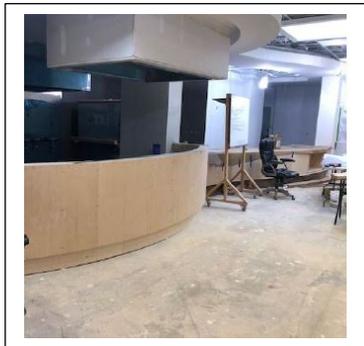
Dr. Deanna Mangieri with Senior Care offered the following comments with respect to residents in Independent Living:

- Atrium Intensive Care Unit beds are full as the health system deals with the rising number of COVID-19 cases. Elective surgery has not been suspended yet, but if the number of COVID-19 cases continues to increase that action will likely be taken by local hospitals to provide additional bed capacity for COVID-19 patients.
- It is prudent for residents to avoid traveling during the holidays due to the surge in COVID-19 cases; remaining home for the holidays reduces exposure risk.
- Residents need to understand what exposure to COVID-19 means, because healthcare providers want to focus time and testing resources on individuals who have been exposed and/or who are exhibiting symptoms. If an individual has no symptoms, wears a mask and maintains a safe distance of six feet or more from others, then exposure is not considered to have occurred. In addition, if an individual does not wear a mask, is less than six feet from an individual with COVID-19 and the total time of such close contact is less than 15 minutes over 24 hours, then exposure is not considered to have occurred.
- Kirsten Presby with Senior Care (who is on-site at The Pines MWF) will do COVID-19 testing for residents who are Senior Care patients and who are symptomatic or who have been exposed to COVID-19 (see above for a description of exposure). The testing Ms. Presby performs tests for COVID-19, flu, and several other respiratory illnesses. Call 704-863-9850 to schedule an appointment with Ms. Presby or to speak with the Senior Care practice.
- If a resident believes that he or she may have been exposed to COVID-19 then the individual should start self-quarantining for 14 days from the date of exposure to keep his or her neighbors safe (14 days is recommended by Mecklenburg County Health Department for individuals residing in a retirement community setting). If an individual is self-quarantining, then there is no need for a COVID-19 test.
- If a resident is exposed to COVID-19 (see above), there are a number of options for in-home surveillance, either through the resident's Primary Care Provider's office or other programs. Atrium Health operates a program where people with COVID-19 who are recuperating at home are monitored through daily phone or video (e.g., Face Time) contact. This service is called the "virtual hospital" program. If you are positive for COVID-19 and wish to be enrolled in this program, speak to your Primary Care Provider. In order to be enrolled in the virtual hospital, an individual has to be touch with an Atrium provider and test positive for COVID-19.
- Note – another option with Dr. Tom Batchelor's practice, Atrium Health North Charlotte Medical Specialists – Huntersville, was described in the December 10, 2020 Update.

Construction Corner

The bullets below are highlights of Rodgers' Builders weekly report, which can be read in full here: [Rodgers](#).

- **Villa 1:** fire alarm programming, appliance install, elevator finishing
- **Villa 2:** common area and elevator finishing
- **Phase 4/5 Dining:** kitchen equipment and flooring installation
- **Davidson Room:** millwork and flooring
- **Fitness Center:** flooring and paint
- **Sitework:** Health Center topsoil placement and landscaping; villa site lighting
- **Photos:** Courtyard entrance sidewalk (to Jetton Community Center); Marketplace; first floor Multipurpose Room.



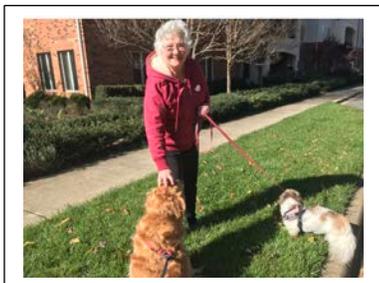
Blue Ridge Orchestra Holiday Concert

Many thanks to future resident Shirley Mitchell, who shares the following link to a free holiday program performed by the volunteer musicians of the Blue Ridge Orchestra. This concert is available to watch online from December 11-31. Deb Kenney, the Orchestra President, introduces the program. Please click here to enjoy this concert: [Holiday Concert](#)



Canine Reunion

Last week, interim CEO Heather McKee's dog Pokai was reunited with friends Kathy Cockerill and her dog Honey during a walk around campus. She also enjoyed the Lauren Ridge fountain.



Closing Image

Many thanks to Adrienne Pedersen, who shares her festive painting of a group of carol singers in the Mosel region of Germany. She noted, “I especially enjoyed capturing the counterpoint of the old buildings and the modern technology used by the singers.”

