



**COVID-19 UPDATE**  
**AND OTHER HELPFUL INFORMATION**

*For Residents, Family Members, and Staff*  
**Tuesday, October 20, 2020**

**Cumulative Active COVID-19 Cases at The Pines at of: 10/20/2020**

No cases

***A Note from Steve Jewell, CEO:***

We can feel the positive energy level rising as we are rapidly approaching – over the next few months - the completion of our extensive expansion and renovation project. We are entering the final phases of facility construction all over campus, and before long the contractors will leave and we will once again, blessedly, have the campus “to ourselves.”

While it might be difficult to believe, the number of project personnel at The Pines is actually at its highest level, involving many different trades and frequent deliveries of materials, which will soon include the furnishings and equipment that will allow us to enjoy these new or renovated spaces. To the best of our abilities, Rodgers and Pines personnel will monitor this intense activity level (including vehicles) in order to minimize inconvenience to residents, visitors and staff, and especially to assure safety for everyone.

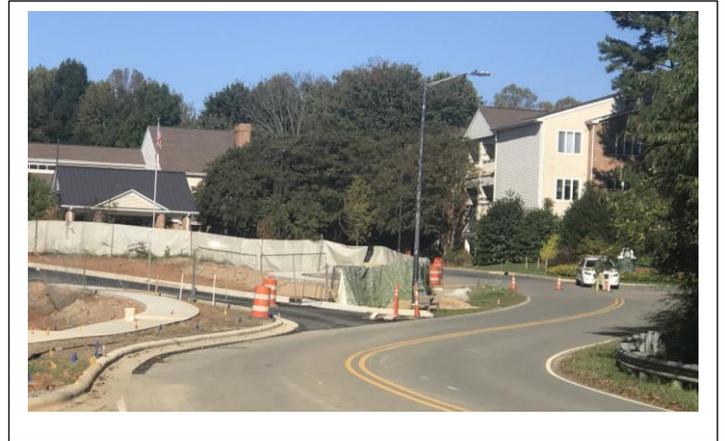
One location particularly busy with vehicles coming and going in many directions is the driveway between our new Poplar Meadows Lane (parallel to the greenway) and the Health Center entrance. At least until late morning on weekdays, pedestrians might consider avoiding this area altogether since it has no provision for pedestrian traffic. You may have also noticed the “Sidewalk Closed” signs along Kimbrough Circle to create the essential construction safety zone for the Cottages on Kimbrough Circle. “Pedestrian detour” signs have also been placed to show a safe pathway to other campus areas. We appreciate everyone’s continued understanding, patience, and

commitment to safety as we approach the much-anticipated end of the construction chapter of our transformation.

We are grateful to residents who alert us when individuals are speeding on Kimbrough Circle. When possible, please promptly provide us the make of car and time when you observe such behavior so that we can respond as effectively as possible to these situations. We are planning some additional ways to further emphasize to all contractors, staff and residents, to drive with everyone's safety in mind.

### Change in Entrance Traffic Pattern

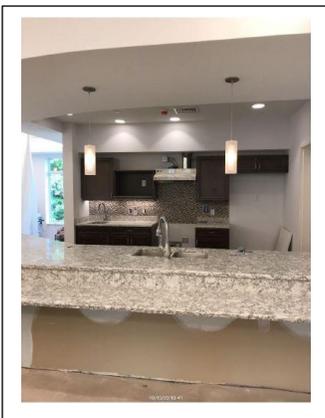
At the end of this week or early next week, the traffic pattern for vehicles entering and exiting The Pines will alter slightly. Screening Station #1 and the entrance/exit for The Pines will be moved closer to the newly paved road, located on the left side of Avinger Lane as you drive towards The Pines (photo left). Staff and signs will help drivers navigate this new traffic pattern.



### Construction Corner

Our rebuilding project is coming closer and closer to completion. For individuals interested in this progress, we share the following report from Rodgers' Builders: [Rodgers](#). Here are some highlights and photos from that report:

- **New Nursing Wing:** Casework/trim continues; equipment installation complete.
- **Villa 1:** Wood trim installation and flooring continues.
- **Villa 2:** Plumbing fixture and flooring installation continues.
- **Phase 4/5 Dining:** HVAC work and electrical rough-in continues.
- **New Davidson Room:** Prime paint and ceiling grid work continued.
- **Fitness Center:** Drywall finishing. brick washing and floor leveling.
- **Photos (from left):** New Nursing Wing country kitchen, Health Center's new porte-cochere, Phase 4 & 5 Dining.



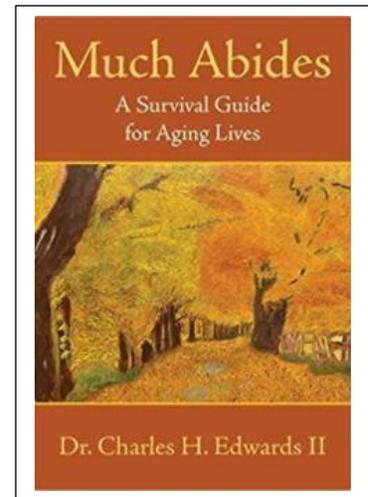
## Autumn Indoors

Thank you, David Atchison, for sending these samples of colorful fall door decorations at The Pines.



## Much Abides

Many residents may remember former *Charlotte Observer* staff writer Ken Garfield's thoughtful news articles and his presentation at The Pines in recent years. Ken teamed up with a regionally prominent retired cardiovascular surgeon, Dr. Chuck Edwards, who just published "*Much Abides: A Survival Guide for Aging Lives.*" With an aim to help older adults find renewed 'passion and purpose,' Dr. Edwards considers the importance of exercise, education, social interactions, and proper medicine, while also reflecting on themes such as forgiveness and 'absorbing life's inevitable hurts.'



Ken writes, "The (book's) title comes from this assurance from poet Alfred Lord Tennyson, 'Tho' much is taken, much abides.'" He adds, "Its inspiration comes from understanding that the last chapter is ours to write." This paperback book is available for purchase on Amazon using this link: [Much Abides](#). Proceeds support the work of the Memory & Movement organization founded by Dr. Edwards, which supports individuals learning how to care for loved ones with Alzheimer's, Parkinson's and other forms of cognitive impairment.

## Closing Images

Have you spotted these lovely crocuses, which appeared recently on campus?

