



COVID-19 UPDATE

For Residents, Family Members, and Staff
Monday, January 25, 2021

New Active COVID-19 Cases at The Pines (1/25/2021)

Independent Living Resident: 1 case

Cumulative Active COVID-19 Cases at The Pines (1/25/2021) *

Health Center Residents: 8 Cases

Health Center Staff: 10 Cases

Independent Living Resident: 1 Case

** Numbers may change from those listed in a previous Update for reasons that include: the result of an individual's second test was 'non-detect' or the individual has recovered and met return-to-work requirements. The Pines is following CDC guidelines as to what represents an active COVID-19 case.*

Today we learned that an Independent Living Resident living in the Poplar Hill 920 Building tested positive for COVID-19. This individual is exhibiting symptoms and is self-isolating.

We want to remind residents what are possible COVID-19 symptoms and what to do if they experience these symptoms:

- If you develop any COVID -19 symptoms such as a fever (≥ 99.6 F), cough, or shortness of breath, please call your primary care provider AND call our Wellness Clinic (ext. 1467) or our Charge Nurse (ext. 1463).
- Please also do the same if you realize that you came into contact with someone in the past 14 days who exhibited such symptoms, has been identified by healthcare providers as a "person under investigation," or has tested positive for COVID-19 (or is presumed to be positive for COVID-19).
- Additional COVID-19 symptoms can include chills, repeated shaking with chills, muscle pain, headache, sore throat, or a new loss of taste or smell.

- If you have any of the symptoms listed as follows, please seek *immediate* medical attention by pressing your emergency call button or pulling an alert cord, and calling 9-1-1: trouble breathing, persistent pain or pressure in the chest, new confusion, or bluish lips or face.

If you are an Independent Living Resident who has been diagnosed with COVID-19, please follow these safety protocols:

- Call your primary care provider AND our Wellness Clinic (ext. 1467) or our Charge Nurse (ext. 1463).
- Self-isolate in your residence.
- Call the individuals with whom you have had any close contact with for the last 14 days prior to your diagnosis for COVID-19.
- Call Amy Craven, Director of Nursing, at ext. 1473 if you have any questions related to your situation.

If you have recently moved to The Pines and do not have a medical provider in the area, please consider joining *Senior Care* at The Pines, located in our Wellness Clinic. Information regarding these medical services, which includes an onsite Nurse Practitioner three days a week, can be found here: [Senior Care](#)

Please continue to maintain these important safety practices: wear masks properly, maintain a minimum of 6 ft between yourself and another resident/staff member (exception is spouse or health staff); wash hands frequently; do not leave campus unless medically necessary; and monitor for possible COVID-19 symptoms. We also encourage residents to keep a log of their daily interactions with other members of the community.

We ask everyone at The Pines to continue to follow vigilantly these safety behaviors, which can help mitigate the spread of COVID-19. Thank you for helping to keep our community as safe as possible during this challenging time.