



COVID-19 UPDATE

For Residents, Family Members, and Staff

Tuesday, August 11, 2020

A convergence of two diseases? Please read on...

It may feel like we are piling on, but it is not too early to start planning for flu season. We understand if you want to immediately stop reading this missive – as in “how on earth could we even think of bringing up flu season when we are still deep in the throes of a Coronavirus epidemic?” We get it, but *please* bear with us briefly; *this is important...*

The reality is that flu season IS right around the corner. It will not be long before we roll out The Pines’ plans for administering flu shots, and there are lots of questions about overlaying COVID-19 with seasonal flu, including:

- Can individuals become infected with both Coronavirus and the flu in the same season?
- When is the best time to get flu shots this year?
- How will flu testing be done this year?
- Do health systems and healthcare providers have the capacity to handle both the COVID-19 pandemic and flu season at the same time?

These are important questions, and thankfully the Centers for Disease Control and Prevention and the Food and Drug Administration have anticipated the convergence of these two very serious illnesses. As older adults, we know well the seriousness of seasonal flu and the risk to our respiratory systems. COVID-19, an even more serious illness, attacks our respiratory systems as well as other vital organs. This makes the consideration of addressing both at the same time extremely critical.

The CDC has already released a comprehensive set of related Frequently Asked Questions (Click here: [FAQ](#)). And the FDA has been working with manufacturers of flu vaccines on how to get millions of doses distributed to public health agencies and health systems so that flu shots can be widely offered in September and October.

Additionally, the CDC has also developed a single diagnostic test that can detect the presence of both COVID-19 and seasonal flu at the same time. This is very good news for several reasons:

- Individuals can contract both COVID-19 and flu during the same season.
- Since symptoms can be quite similar, a one-stop test process captures both possibilities without additional burden on those being tested.
- One test for both illnesses saves on essential Personal Protective Equipment (supplies of which could become scarcer this fall).
- Administering just one test instead of two will save time and materials, since the testing and evaluation protocols would otherwise compete for similar resources.
- Administering a single test for both illnesses will relieve some of the burden on our healthcare providers, requiring just a single medical encounter for testing.
- And potentially, these efficiencies can also help keep costs down.

The potential of COVID-19 and seasonal flu converging this fall is very real, and the prospect of our health system having to address both simultaneously is, quite honestly, daunting. There is, possibly, a silver lining that just takes all of us working together toward a common goal – our collective community health -- for it work. How ironic that following the same simple guidelines – washing hands, wearing a mask, staying at least six feet apart and avoiding groups – not only helps check the spread of Coronavirus, but will also help curb the spread of this year’s flu.

Stay tuned in the coming weeks for more information about The Pines’ flu shot program.

<p>Active COVID-19 Cases at The Pines as of: 8/11/20 No cases</p>
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ADDITIONAL INFORMATION

Upcoming Resident Survey

We wanted to be sure you received yesterday the following message to residents from Barb Neidinger, Chair of the Executive Director Search Committee:

Later this week, you will be receiving a resident survey that will help the Executive Director Search Committee identify the skills, experience, and leadership qualities residents would like to see in the next President/CEO of The Pines at Davidson.

Residents who have an email address (that permits them to open attachments) will receive an email from “SurveyMonkey,” an online survey program. Residents without internet access will

receive a paper survey. Results from both surveys will be submitted to the Committee. All survey answers will be anonymous. The deadline for completing this survey will be Monday, August 17th at 5:00 pm.

The reason our Committee is initiating this survey is that the first step in the search for the next President/CEO for The Pines will be to develop a position description, which reflects the skills, experience, and leadership attributes that the Board will be looking for in a successful candidate. Your perspectives will greatly help the Committee in this process.

We hope that everyone will complete this survey. Thank you in advance for participating and helping the Committee as it prepares to select The Pines' next President/CEO.

Design Review Board Virtual Quasi-Judicial Hearing

A successful capital campaign made it possible for The Pines to enhance its plans for the patio and second story balcony in the new nursing wing. Rather than being open air settings, the patio and balcony will now have door-sized sliding glass and screen panels, with integrated blinds. These spaces will also now be climate controlled so they can be used year-round.

Because this minor revision alters the building's exterior, an architectural design review was required by The Town of Davidson. Its Design Review Board will hold a virtual quasi-judicial hearing for this purpose on August 19, 2020 at 6:30 pm, as publicly posted near the greenway. This review should be routine, and will be on the Town of Davidson's YouTube Channel.

Below are renderings showing the original design (left) and the enhanced plan (right):



Construction Corner

To read the most recent weekly construction report from Rodgers Builders, please click here: [Report](#). The following is a short summary of this report:

New Nursing Wing: painting of doors on the first floor, wall, floor tile and casework continues.

Villa 1: sanding and finishing of drywall; brick installation almost complete.

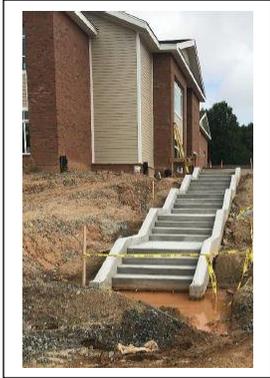
Villa 2: siding installation continues; level four receives first coat of paint

New Davidson Room: window frame, glass installation and wall framing continues.

Fitness Center: new roofing install except for expansion joint; skylight to be installed.

Sitework: grading and formwork for exterior site stairs near the new Nursing Wing; grading for curb work by Villas continues; landscaping is ongoing in multiple areas.

Photos (from left): Stairs along new Nursing Wing; curb poured by Villa #2; Phase 4 & 5 dining area.



Closing Image

Jackie Rushing shares a follow-up photo (below) of the lovely Bush Lily that has fully bloomed in our front entrance foyer.

