



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 Total Body Circuit - LD 9:15 Zumba Gold - LD 10:00 Water Fitness - P 11:00 Golf Games - PG 12:00 Small side of CR reserved (PEO) - CR 1:00 Balance Basics - ER 2:00 Afternoon Walk - PP 3:00 Church Services - CR 7:00 Lion's Den Reserved (PH) - LD	2 8:00 "Early Birds" go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:15 Water in Motion - P 10:30 Roundtable w/Dr. Ferro - CR 11:00 Ping Pong Club - LD 1:00 Mah-Jongg - AS 2:00 Seated Volleyball - ER 2:00 Make America Laugh Again - CR	3 8:30 Total Body Circuit - LD 9:00 Dollar Tree Dash 9:00 National Donut Day - CR 10:00 Water Fitness - P 10:00 Reserved (RC) - LD 10:00 Making Life Good Again - AS 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 1:00 CR reserved (JS) - CR 4:30 Happy Hour *CANCELLED* - CL	4 All Day Ping Pong - LD 12:00 Met Opera presents: "Hamlet" 12:30 Pennsylvania Military Museum Guided Tour 2:00 CR Reserved (PJ) - CR
5 All Day Ping Pong - LD 8:30 Transportation to Church 2:00 Sunday Movie: "Rain Man" - CR	6 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 11:00 Resident Council Meeting - CR 11:00 Bocce - BC 12:30 Podiatry Appointments - AS 1:00 Library Committee - L 1:00 Balance Basics - ER 1:00 Reaching Out Committee - LD 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Seated Chair Yoga - ER 2:00 First Monday Knitting Group - E106 7:30 Poker - AS	7 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:15 Water in Motion - P 11:00 Virtual Walking - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 2:00 Boalsburg Farmer's Market 2:00 Tuesday Movie: "Green Book" - CR 4:30 Social Hour - CL	8 8:30 Total Body Circuit - LD 9:00 Audiology Appointments - DO 9:15 Zumba Gold - LD 10:00 Water Fitness - P 11:00 Golf Games - PG 11:45 Juliet's Luncheon 1:00 Balance Basics - ER 2:00 Afternoon Walk - PP 3:00 Church Services - CR 7:00 Lion's Den Reserved (PH) - LD	9 8:00 "Early Birds" go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:15 Water in Motion - P 10:30 Body temperature regulation in hot & humid environments - CR 11:00 Ping Pong Club - LD 11:30 Schwan's Man is Here - L2 1:00 Mah-Jongg - AS 2:00 Seated Volleyball - ER 6:00 State College Spikes vs Mahoning Valley	10 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 9:45 Tour of the Penn State Arboretum 10:00 Recycling Committee - AS 10:00 Water Fitness - P 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 4:30 Happy Hour - CL	11 All Day Ping Pong - LD 6:30 Penn's Woods Music Festival (rain date 6/12/22)

<p>12 All Day Ping Pong - LD 8:30 Transportation to Church 2:00 Sunday Movie: "King Speech" - CR 6:30 Penn's Woods Music Festival (Rain date if needed))</p>	<p>13 8:30 Total Body Circuit - LD 9:00 LD Reserved (EC) 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:30 Everyone Talking - AS 11:00 Bocce - BC 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 2:00 Silver Spurs & Western themed party - CR 7:30 Poker - AS</p>	<p>14 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:00 Resident Annual Fund - AS 10:15 Water in Motion - P 11:00 VPS Walking Taco Tuesday - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 4:00 Musical Interludes: Clarinet Concert by Audrey Conklin - CR 4:30 Social Hour - CL</p>	<p>15 8:30 Total Body Circuit - LD 9:15 Zumba Gold - LD 9:30 Jabebo tour and lunch 10:00 Water Fitness - P 11:00 Golf Games - PG 12:00 Small side of CR reserved (PEO) - CR 1:00 Balance Basics - ER 2:00 Pottery painting w/Kelly from 2000 degrees - AS 2:00 Afternoon Walk - PP 3:00 Poetry Reading - LD 3:00 Church Services - CR 6:30 Penn's Woods Music Festival 7:00 Lion's Den Reserved (PH) - LD</p>	<p>16 8:00 "Early Birds' go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:00 Town Hall - CR 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:30 History Lesson w/ Ferro - CR 1:00 Mah-Jongg - AS 1:00 Activities Committee - LD 2:00 Seated Volleyball - ER 2:00 History Lesson w/ Ferro - CR</p>	<p>17 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:00 Making Life Good Again - AS 10:30 Lunch at Le Jeune Chef & Millionaire's Row 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 4:30 Happy Hour - CL 6:00 A Jazzy Evening with Elizabeth Webb and the John Colianni Duo 6:30 Penn's Woods Music Festival</p>	<p>18 All Day Ping Pong - LD 6:30 Penn's Woods Music Festival</p>
<p>19 All Day Ping Pong - LD 8:30 Transportation to Church 12:30 Guided tour of Talleyrand Park w/Centred Outdoors 2:00 Sunday Movie: "Sea Biscuit" - CR</p>	<p>20 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 11:00 Bocce - BC 12:30 Podiatry Appointments - AS 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Seated Chair Yoga - ER 7:30 Poker - AS</p>	<p>21 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:15 Water in Motion - P 11:00 Virtual Walking - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 4:00 Musical Interludes: Preview Concert of "Music at Penns Woods Chamber Music" - CR 4:30 Social Hour - CL 7:00 Bellefonte Community Band - PP</p>	<p>22 8:30 Total Body Circuit - LD 9:00 Walking tour of Campus & Lunch 9:15 Zumba Gold - LD 10:00 Water Fitness - P 11:00 Golf Games - PG 1:00 Balance Basics - ER 2:00 Gardening Club - LD 2:00 Afternoon Walk - PP 3:00 Church Services - CR 6:30 Penn's Woods Music Festival 7:00 Lion's Den Reserved (PH) - LD</p>	<p>23 8:00 "Early Birds' go to Wegmans 8:00 CR Reserved NHO - CR 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 9:30 Bonnie's Greenhouse & Brownbag lunch 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:30 Schwan's Man is Here - L2 1:00 Mah-Jongg - AS 2:00 Seated Volleyball - ER 2:00 Lions Den Reserved (BT) - LD</p>	<p>24 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 1:30 Catholic Communion - CR 3:30 James Steamer slideshow - CR 4:30 Happy Hour - CL 6:30 Penn's Woods Music Festival</p>	<p>25 All Day Ping Pong - LD 10:00 CR Reserved (MS) - SSCR 12:30 Isett Heritage Museum 6:30 Penn's Woods Music Festival</p>
<p>26 All Day Ping Pong - LD 8:30 Transportation to Church 10:30 Grace Between Us - CR 2:00 Sunday Movie: "The Upside" - CR</p>	<p>27 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:00 New Resident Information Meeting - LD 10:30 Women Talking - AS 11:00 Bocce - BC 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Seated Chair Yoga - ER 5:15 Welcome Table - DRI 7:30 Poker - AS</p>	<p>28 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:15 Water in Motion - P 11:00 Virtual Walking - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 2:00 Tuesday Movie: "Westside Story" (1961) - CR 4:15 Altoona Curve Baseball vs Harrisburg 4:30 Social Hour - CL</p>	<p>29 8:30 Total Body Circuit - LD 9:15 Zumba Gold - LD 9:30 Tour of Eagle Iron Works and Curtin Village 10:00 Water Fitness - P 11:00 Golf Games - PG 1:00 Balance Basics - ER 2:00 Afternoon Walk - PP 3:00 Church Services - CR 4:30 Spaghetti Wednesday @ DelGrosso's 7:00 Lion's Den Reserved (PH) - LD</p>	<p>30 8:00 "Early Birds' go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:45 Romeo's Luncheon 1:00 Mah-Jongg - AS 2:00 Seated Volleyball - ER 3:00 Ice Cream Social - CR</p>		