

**Village at Penn State
Independent Living**

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00 "Early Birds" go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:15 Water in Motion - P 10:30 Roundtable w/Dr. Ferro - CR 11:00 Ping Pong Club - LD 11:30 Schwan's Man is Here - L2 1:00 Mah-Jongg - AS 1:00 Radio Players Rehearsal - LD 2:00 Seated Volleyball - ER 8:00 PSU Football @ Purdue on the big screen - CR	2 8:30 Total Body Circuit - LD 9:00 Dollar Tree Dash 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:00 Reserved (RC) - LD 10:00 Making Life Good Again - AS 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 3:30 Musical Interludes: Piano recital by Daniyar Yessimkhanov - CR 4:30 Happy Hour - CL	3 All Day Ping Pong - LD 2:00 Western Range Band - CR 4:15 Nittany Valley Benefit Dinner
4 All Day Ping Pong - LD 8:30 Transportation to Church 1:45 Centred Outdoors @ Lower Trail 2:00 Sunday Movie: "A League of Their Own" - CR 6:45 aMUSEment ~Play in the Workshop	5 All Day Labor Day 1:30 CR Reserved (SJ) - CR 7:30 Poker - AS	6 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:00 Writing for yourself, with Jackie Hook - AS 10:00 First Monday Knitting Group - E106 10:15 Water in Motion - P 11:00 Virtual Walking - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 2:00 Tuesday Movie: "The Magic of Belle Isle" - CR 4:30 Social Hour - CL	7 8:30 Total Body Circuit - LD 9:15 Zumba Gold - LD 10:00 Water Fitness - P 10:30 Quarterback Club Meeting 11:00 Golf Games - PG 1:00 Balance Basics - ER 1:30 Seated Chair Yoga - ER 1:30 Wine Tasting at Seven Mountains Winery 3:00 Church Services - CR 7:00 Lion's Den Reserved (PH) - LD	8 8:00 "Early Birds" go to Wegmans 8:00 CR Reserved (NHO) - CR 8:30 UrbanKick - LD 8:30 NHO Orientation - CR 9:15 Drum Fitness - LD 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:00 Sight-Loss Support Group Meeting 1:00 Mah-Jongg - AS 1:00 Radio Players Rehearsal - LD 2:00 Seated Volleyball - ER 2:30 Food Committee - LD 6:30 PSU McCourtney Institute for Democracy Climate Change Is Everyone's Fight—Including Yours	9 8:30 Total Body Circuit - LD 8:45 Schlow Library 9:15 Gym Circuit - FC 10:00 Recycling Committee - AS 10:00 Water Fitness - P 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 4:30 Happy Hour - CL	10 All Day Ping Pong - LD 10:30 Penn State Football vs Ohio University 11:15 Penn State Football vs Ohio University 3:30 PSU Football vs Ohio University on the Big Screen - CR

11 All Day Ping Pong - LD 8:30 Transportation to Church 2:00 Sunday Movie: "An American in Paris" - CR 2:30 Pennsylvania Chamber Orchestra: "Memorial"	12 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:30 Everyone Talking - AS 11:00 Bocce - BC 11:00 Resident Council Meeting - CR 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Seated Chair Yoga - ER 7:30 Poker - AS	13 8:00 Living Well @ Shaver's Creek Env. Center 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:00 Resident Annual Fund - AS 10:15 Water in Motion - P 11:00 Virtual Walking - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 4:30 Social Hour - CL	14 8:30 Total Body Circuit - LD 9:00 Audiology Appointments - DO 9:15 Zumba Gold - LD 10:00 Water Fitness - P 10:30 Quarterback Club Meeting 11:00 Golf Games - PG 1:00 Balance Basics - ER 1:30 Seated Chair Yoga - ER 2:00 Transportation to Eisenhower to purchase tickets 3:00 Church Services - CR 4:15 Altoona Curve Baseball vs Reading Fightin Phils 7:00 Lion's Den Reserved (PH) - LD	15 8:00 "Early Birds' go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:30 Schwan's Man is Here - L2 11:45 Juliet's Luncheon 1:00 Mah-Jongg - AS 2:00 September Fun ~ Marketing Event - PP 2:00 Marketing Event - PP 4:00 Music interest group - LD 4:45 Dr. Keiko Miwa Ross Student Farm 7th annual Harvest Fest	16 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 9:30 Piney Creek Greenhouse Outing & brown bag lunch 10:00 Water Fitness - P 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 2:00 *Rain date* September Fun ~ Marketing Event - PP 4:30 Happy Hour - CL 6:30 PSU Women's Volleyball vs Howard 7:00 Prince Hamlet A Bilingual Why Not Theatre Production	17 All Day Ping Pong - LD 10:30 PSU Women's Volleyball vs Albany 1:30 A Satellite Story - CR 3:30 Penn State football vs Auburn on the big screen - CR 6:30 PSU Women's Volleyball vs Coastal Carolina
18 All Day Ping Pong - LD 8:30 Transportation to Church 12:15 Centred Outdoors to Barrens to Bald Eagle Wildlife Corridor 2:00 Sunday Movie: "Night Passage: a Jesse Stone movie" - CR	19 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 11:00 Bocce - BC 1:00 Reaching Out Committee - LD 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Seated Chair Yoga - ER 3:00 Activities Committee - LD 7:30 Poker - AS	20 8:30 UrbanKick - LD 9:15 Mindful Movement - LD 10:15 Water in Motion - P 11:00 Virtual Walking - CR 11:30 National Pepperoni Pizza Day - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 2:00 Tuesday Movie: "Julia and Julia" - CR 4:30 Social Hour - CL 6:30 Food Justice colloquium	21 8:30 Total Body Circuit - LD 9:15 Zumba Gold - LD 10:00 Water Fitness - P 10:30 Quarterback Club Meeting 11:00 Golf Games - PG 1:00 Balance Basics - ER 1:30 Seated Chair Yoga - ER 3:00 Poetry Reading - LD 3:00 Church Services - CR 4:00 PSU Living with Dementia Series: Understanding Behaviors @ Centre Care 7:00 Lion's Den Reserved (PH) - LD	22 8:00 "Early Birds' go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:30 History Lesson w/ Ferro - CR 1:00 Mah-Jongg - AS 1:00 Radio Players Rehearsal - LD 2:00 Seated Volleyball - ER 2:00 History Lesson w/Dr. Ferro - CR	23 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 2:00 Dental Health and Aging: How Does Age Affect Our Oral Health? - CR 4:30 Happy Hour - CL 6:30 PSU Women's Volleyball vs Indiana	24 All Day Penn State football vs Central Michigan All Day Ping Pong - LD All Day PSU vs Central Michigan on the big screen - CR 6:30 PSU Women's Volleyball vs Michigan

<p>25 All Day Ping Pong - LD 8:30 Transportation to Church 10:30 Grace Between Us - CR 12:30 Painting pottery @ 2000 degrees 2:00 Sunday Movie: "Rio Bravo" - CR</p>	<p>26 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:30 Women Talking - AS 11:00 Bocce - BC 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Seated Chair Yoga - ER 2:00 Lion's Den reserved (NW) - LD 5:15 Welcome Table - DRI 7:30 Poker - AS</p>	<p>27 8:30 UrbanKick - LD 8:45 Tour of PSU Bakery 9:15 Mindful Movement - LD 10:00 Writing for Yourself with Jackie Hook - AS 10:15 Water in Motion - P 11:00 Virtual Walking - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 2:00 Seated Volleyball - ER 4:30 Social Hour - CL</p>	<p>28 8:30 Total Body Circuit - LD 9:15 Zumba Gold - LD 10:00 Water Fitness - P 10:30 Quarterback Club Meeting 11:00 Golf Games - PG 1:00 Balance Basics - ER 1:30 Seated Chair Yoga - ER 2:00 Gardening Club - LD 2:30 PSU Men's Soccer vs Villanova 3:00 Church Services - CR 7:00 Lion's Den Reserved (PH) - LD</p>	<p>29 8:00 "Early Birds" go to Wegmans 8:30 UrbanKick - LD 9:15 Drum Fitness - LD 10:00 Town Hall - CR 10:15 Water in Motion - P 11:00 Ping Pong Club - LD 11:30 Schwan's Man is Here - L2 11:45 Romeo's Luncheon 12:00 Research Unplugged 1:00 Mah-Jongg - AS 1:00 Radio Players Rehearsal - LD 2:00 Seated Volleyball - ER 2:00 Lions Den Reserved (BT) - LD 3:00 Ice Cream Social - CR 4:45 Art After Hours @ The Palmer: Museum Birthday Bash 7:00 Malpaso Dance Company 7:00 Meet & Greet - CR</p>	<p>30 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 10:00 Making Life Good Again - AS 11:00 Cornhole - VG 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AS 1:00 Geocaching 1:30 Catholic Communion - CR 3:30 James Steamer slideshow - CR 4:30 Happy Hour - CL</p>	
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