

Born in New York, I have also lived in Colorado and Texas and settled in New Hampshire in 1989. I began my nursing career as an LPN, then graduated from Southern Vermont College's RN program, and later received a bachelor's degree from Franklin Pierce University.

My service to the Keene Community has included nearly 20 years at the Cheshire Medical Center/Dartmouth Hitchcock-Keene in their Farnum Rehabilitation, Operating Room, Allergy/Neurology, Family Medicine and Occupational Health Departments, serving as Staff Nurse, OR Circulator, and Employee Health Co-Ordinator. In addition, I have 14 years of experience in Occupational/Employee Health and Wellness and have provided school nursing services for two NH School Districts.

Most recently I was employed at Home Healthcare Hospice and Community Services as Employee Health and Wellness Program Manager, overseeing their Community Foot Care and Nurse-Is-In Clinics, and the Age-In-Motion Program. I also managed the medical aspects of Worker's Compensation and FMLA; provided pre-hire work assessments and TB screenings; implemented the NHIP's Childhood Immunizations Program; and served as Safety Officer. I also worked in their Care Coordination/Intake Department and did ergonomic assessments.

I have two grown sons who now have budding families of their own and they are top on my list of favorite passions, which also include bicycling, dancing, hiking, theater, costuming, reading and puzzling.

I have held positions as Trustee of Trust Funds and Cemetery Board Chair in my town and as president and member of the Keene High School Cross Country/Track Booster Club; I have been affiliated with the Boy Scouts of America in the capacities of Webelo Leader, Assistant Boy Scout Leader and Camp Health Director. I have travelled with the Red Cross following Hurricane Katrina and with an international medical team of physicians and nurses to Kenya, Africa in 2005.

I believe my varied personal and professional experiences and my long-standing relationship with the Keene Community will make me an excellent match for the Health and Wellness Nurse Navigator position at Hillside Village-Keene, which I have delightfully accepted. I am so appreciative of the opportunity to be part of this amazing initiative and its dynamic leadership team, and I look forward to working with the staff to bring quality services to the residents.