

# New Year's Signature Recipe

## Ingredients

2	Bananas, medium firm, chopped
2 cups	Blueberries
2 cups	Raspberries
2 cups	Strawberries, sliced
5 tbsp.	Honey
1 tsp.	Lemon juice
¾ tsp.	Poppy seeds

# Honey and Poppy Seed Fruit Salad

*Serves 6*

## Directions

1. In a large bowl, combine the bananas and berries. In a small bowl, combine the honey, lemon juice and poppy seeds. Pour over fruit and toss to coat.