

January 2019 MC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 10:00 Tournament of Roses Parade on NBC 1:30 Rest & Relax 2:30 Coffee Social 3:00 Bean Bag Toss</p>	<p>2 10:00 Exercise Class CH or IN2L 10:30 AguaPainting 1:30 Rest & Relax 2:30 Coffee Social 3:00 Adult Coloring</p>	<p>3 9:30 Manicures 10:30 Therapy Dog 1:30 Rest & Relax 2:30 Coffee Social 3:00 Trivia</p>	<p>4 10:00 Exercise Class CH or iN2L 10:30 Hand Massages 1:30 Rest & Relax 2:30 Coffee Social 3:00 Staff Choice Activity 4:00 Mass CH</p>	<p>5 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:30 Rest & Relax 2:30 Coffee Social 3:00 Jigsaw Puzzle</p>
<p>6 10:00 Read Newspaper or Current Events IN2L 11:00 Church Service CH 1:30 Rest & Relax 2:30 Coffee Social 3:00 Penny Ante</p>	<p>7 10:00 Exercise Class iN2L 1:00 Podiatry 1:30 Church Service w/ Lindsay 2:30 Coffee Social 3:00 Rest & Relax</p>	<p>8 10:00 Games 10:45 Chapel Time w/Joy 1:30 Rest & Relax 2:30 Coffee Social 3:00 Bowling</p>	<p>9 10:00 Exercise Class IN2L 10:30 Jigsaw Puzzles 1:30 Rest & Relax 2:30 Coffee Social 3:00 Pass the Pigs</p>	<p>10 9:30 Manicures 10:30 Therapy dog 1:30 Rest & Relax 2:30 Coffee Social 3:00 Trivia</p>	<p>11 10:00 Exercise Class IN2L 10:30 Hand Massages 1:30 Rest & Relax 2:30 Coffee Social 3:00 Staff Choice Activity 4:00 Mass CH</p>	<p>12 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:30 Rest & Relax 2:30 Coffee Social 3:00 BINGO</p>
<p>13 10:00 Read Newspaper or Current Events IN2L 11:00 Church Service CH 1:30 Rest & Relax 2:30 Coffee social 3:00 Card Games</p>	<p>14 10:00 Exercise Class iN2L 10:00 Crafts w/Marie 1:30 Church Service w/ Lindsay 2:30 Coffee Social 3:00 Rest & Relax</p>	<p>15 10:00 Grocery Store BIN-GO 10:45 Chapel Time w/Joy 1:00 Opera "Pearl Fishers" CH 2:30 Coffee Social 3:00 Bean Bag Twister</p>	<p>16 10:00 Exercise Class IN2L 10:30 Reading from Chicken Soup for the Soul 1:30 Rest & Relax 2:30 Coffee Social 3:00 Play LUCK</p>	<p>17 9:30 Manicures 10:30 Therapy Dog 1:30 Rest & Relax 2:30 Coffee Social 3:00 Trivia</p>	<p>18 10:00 Exercise Class CH or IN2L 10:30 Hand Massages 1:30 Rest & Relax 2:30 Coffee Social 3:00 Staff Choice Activity 4:00 Mass CH</p>	<p>19 10:00 Exercise iN2L 10:30 Brain Games iN2L 1:30 Rest & Relax 2:30 Coffee Social 3:00 3 of the Same Game</p>
<p>20 10:00 Read Newspaper or Current Events IN2L 11:00 Church Service CH 1:30 Rest & Relax 2:30 Coffee Social 3:00 Let's Chat</p>	<p>21 10:00 Movie Matinee 1:30 Church Service w/ Lindsay 2:30 Coffee Social 3:00 Rest & Relax Lydia Off</p>	<p>22 10:00 10:45 Chapel Time w/Joy 1:30 Harbor Happenings CH 2:30 Coffee Social 3:00 Rest & Relax</p>	<p>23 10:00 Exercise Class CH or IN2L 10:30 Volley Ball 1:30 Rest & Relax 2:30 Coffee Social 3:00 Seed Planting w/ Belinda</p>	<p>24 9:30 Manicures 10:30 Therapy Dog 1:30 Volunteer Visit 2:30 Coffee Social 3:00 Trivia</p>	<p>25 10:00 Exercise Class CH or IN2L 10:30 Hand Massages 1:30 Rest & Relax 2:30 Coffee Social 3:00 Staff Choice Activity 4:00 Mass CH</p>	<p>26 10:00 Exercise IN2L 10:30 Brain Games iN2L 1:30 Rest & Relax 2:30 Coffee Social 3:00 Penny Ante</p>
<p>27 10:00 Read Newspaper or Current Events IN2L 11:00 Church Service CH 1:30 Rest & Relax 2:30 Coffee social 3:00 Jigsaw Puzzles</p>	<p>28 10:00 Exercise Class CH 10:00 Crafts 1:30 Church Service w/ Lindsay 2:30 Coffee Social 3:00 Rest & Relax</p>	<p>29 10:00 10:45 Chapel Time w/Joy 1:30 Rest & Relax 2:30 Coffee Social 3:00 Funoodle Ball</p>	<p>30 10:00 Exercise Class CH or IN2L 10:30 Sorting Activity 1:30 Ukulele Sing-Along 2:30 Coffee Social 3:00 Rest & Relax</p>	<p>31 9:30 Manicures 10:30 Therapy Dog 1:30 Rest & Relax 2:30 Coffee Social 3:00 Trivia</p>		<p>Activities in Bold Print are held off the memory care unit and are supervised by staff.</p>