

Other Services

- Wound care
- Physician care
- Dietary Counseling
- Dental care
- Optometry
- Podiatry
- Audiology
- Social Services
- Recreation Therapy
- Beauty Salon
- Gift Shop

Person - Centered Approach

Bethel's team of physicians, nurses, therapists, dietitians, social workers and recreation therapists meet with each person to evaluate their needs. Together, they develop a care plan outlining goals and expectations for a safe and quick return to their life and community.

Bethel Nursing & Rehabilitation Center

67 Springvale Road
Croton-on-Hudson, NY 10520
914-739-6700

A Community of Services At your Doorstep

Since 1911, Bethel has been serving the senior community with innovative programs and services. Today, Bethel is the only not-for-profit full continuum of senior services in Northern Westchester to offer:

- ◆ Adult Day Services
- ◆ Home Care
- ◆ The Pines at Narragansett
Independent Living
- ◆ The Springvale Inn
Assisted Living
- ◆ The Knolls
Continuing Care Retirement Community
- ◆ Bethel Nursing and Rehabilitation Centers

BETHEL HOMES & SERVICES

Croton

62 & 67 Springvale Rd.
2042 Albany Post Rd.

Ossining

17 & 19 Narragansett Avenue

Valhalla

51 & 55 Grasslands Rd.

Bethel Nursing & Rehabilitation Center



*Restore, Recover, and
Resume Your Life*

Bethel

At the Heart of Senior Living

About Bethel's Rehabilitation Services

Bethel's short-term rehabilitation program in Croton includes a newly renovated, dedicated sub-acute unit with private room availability and distinctive amenities. Bethel's energetic and supportive therapy team provides physical, occupational, and speech therapy seven days per week in a therapy suite that is welcoming, spacious and bright.

When You Need Short-term Rehabilitation Therapy

We care for people with a variety of diagnoses such as stroke, cardiac and pulmonary conditions, upper and lower extremity fractures, spinal surgeries, total joint replacements, amputations, as well as many other medical conditions. What we are best at, regardless of diagnosis, is enabling our residents to function better.

Our rehab clinic is a place where residents, as well as their family members and caregivers, learn how capable they can become, despite whatever physical or medical barriers are present. And we do it in a way that is supportive, welcoming and most importantly, enjoyable!

Aquatic Therapy

Bethel is the only subacute center in the region to feature the HYDROWORX 300 (pictured below). This is a self-contained underwater exercise system that incorporates the unique healing properties of warm, sanitized water to achieve goals and a therapeutic experience unlike any other. Recommended for many conditions it is available exclusively to our subacute rehab residents and outpatient program clients.



Outpatient Center

Bethel's Outpatient Center offers Physical, Occupational and Speech therapy programs five days per week, and is a place where our inpatient "graduates" often prefer to continue their rehabilitation once they return home.

This enables people to continue treatment with the same therapists who worked with them prior, thus providing the highest level of continuity in rehabilitative care anywhere in the area.

Our Outpatient Center is also open to the public, and we accept most insurance.

Why Choose Bethel?

- Experience uplifting and unique post-acute rehabilitation
- Seven day per week physical and occupational therapy program provided by experienced therapists
- Speech language pathology – full time team with expertise in treating both swallowing and language dysfunction
- Newly renovated, dedicated sub-acute rehabilitation unit with private rooms
- Well equipped, spacious therapy suite
- Aquatic Therapy
- Outpatient therapy program that allows you to continue working with your therapists, even once you return home!

