

## Continuous Care & Daily Life Services

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### On-Site Beauty Parlor

Residents can schedule hair appointments as desired.

### Gift Shop

Volunteer-run gift shop provides candy, ice cream, essentials, gifts and seasonal items.

### Social Events

Happy Hour, "Take-Out" Dinner Night, Westchester Broadway Theater matinees, Local Restaurant Lunches, Tai Chi, Drum Circles, Art Workshop, Parties, Barbecues, Apple Orchard trips, Poker Games and more.

### Worship Services

Clergy from a broad spectrum of denominations offer onsite services to residents.

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### Bethel Nursing & Rehabilitation Center

67 Springvale Rd.  
Croton-on-Hudson, NY 10520  
914-739-6700

## A Community of Services At your Doorstep

Since 1911, Bethel has been serving the senior community with innovative programs and services. Today, Bethel is the only not-for-profit full continuum of senior services in Northern Westchester to offer:

- ◆ Adult Day Services
- ◆ Home Care
- ◆ The Pines at Narragansett *Independent Living*
- ◆ The Springvale Inn *Assisted Living*
- ◆ The Knolls *Continuing Care Retirement Community*
- ◆ Bethel Nursing and Rehabilitation Centers
- ◆ Outpatient Rehabilitation
- ◆ Respite

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### BETHEL HOMES & SERVICES

#### Croton

62 & 67 Springvale Rd.  
2042 Albany Post Rd.

#### Ossining

17 & 19 Narragansett Avenue

#### Valhalla

51 & 55 Grasslands Rd.

914-739-6700 / [bethelwell.org](http://bethelwell.org)

## Continuous Care & Daily Life

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*Make Your Home With Us*

*Bethel*

*At the Heart of Senior Living*

## About Bethel's Continuous Care & Daily Life

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We offer around the clock holistic and clinical support for the body, mind and spirit at Bethel's Nursing & Rehabilitation Center.

Residents and families can have peace of mind knowing that Bethel's staff is on-hand to provide supervision and assistance at any time, for any reason.

A multi-disciplinary team of medical and health care professionals provide all levels of care, as well as nutritional guidance and social services support.

In addition, certified Recreation Therapeutic Specialists create fulfilling experiences to meet residents' social, emotional and physical needs.



## When to Consider Continuous Care

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Continuing Care is for those who are no longer independent and need ongoing assistance. For example:

- Adults who need help with their day to day activities such as bathing, dressing, eating, and medication management;
- Adults diagnosed with dementia/Alzheimer's Disease;
- Adults living with chronic diseases such as congestive heart failure, diabetes and asthma, among others.

## Why Choose Bethel?

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Bethel Nursing & Rehabilitation Center goes beyond the realm of services typically offered.

The center is certified to offer the renowned **Music and Memory Program**, designed by Dan Cohen, CMSW, to help reduce agitation among people diagnosed with Alzheimer's Disease and other behavioral diagnoses.

In addition, a Dementia grant enables specialized training for staff, while residents enjoy the benefits of a newly introduced, robotic pet companion program.

In addition, the 200-bed facility features private and semi-private rooms, a specialized dementia unit and a short-term rehabilitation unit. Bethel Nursing & Rehabilitation Center is easily accessible by major highways and public transportation.

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