As we move into December, most of us are busy preparing for the upcoming holidays. Whichever holiday you celebrate, you will more than likely decorate your home, bake special treats, attend parties and give gifts.

If you need recipe ideas, we hope you’ll consider buying one of our cookbooks, now on sale at the Center. They also make great gifts.

Beyond shamelessly using this article to highlight our cookbook, we want to talk about the stress of finding the perfect gift. In recent months the media has warned that we may have trouble finding the items we want, and if we do, we should expect to pay more.

To help relieve some of the stress of finding that perfect gift, we thought we’d share a few thoughts and ideas. The best advice is to plan in advance, shop early, and buy local if possible to avoid shipping delays.

Remember that gift cards and certificates are always a good option. Think about what the person loves and what their routines are. Do they often get Wawa® coffee and a breakfast sandwich on their way to work? Do they love going to the zoo?

If you don’t enjoy shopping in-store, turn a service into a gift coupon. Offer to baby sit or provide pet care. Teach someone a skill like playing a musical instrument. Cook a delicious meal that they can enjoy now or later.

The holidays could also be the perfect time to pass along family heirlooms. If you have old photos, put together a photo album along with descriptions. Share your family’s history and stories.

More than anything, we hope that you find the joy in giving without the stress that often comes with finding the right gift. Whatever you decide will be the perfect gift because it comes from your heart with lots of love – which is the ultimate gift that we all want and need.

This holiday season, may you and your family be blessed with an abundance of joy and love.
### December 2021 Classes

We want to break up the boredom & loneliness you may be feeling by missing your second home, so we invite you to join us on Facebook!

#### Mondays

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am</td>
<td>Inspirational &amp; Motivational words with Ros</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Smile, Listen in and get a good laugh with Julia</td>
</tr>
</tbody>
</table>

#### Tuesdays

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<tr>
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<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00pm</td>
<td>Smile, Listen in and get a good laugh with Julia</td>
</tr>
</tbody>
</table>

#### Wednesdays

<table>
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<tr>
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<th>Activity</th>
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</thead>
<tbody>
<tr>
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#### Thursdays

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#### Fridays

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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
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<tbody>
<tr>
<td>12:00pm</td>
<td>Smile, Listen in and get a good laugh with Julia</td>
</tr>
</tbody>
</table>

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### Journeys—Inglis' Mobile Peer Partnership

Journeys—Inglis' Mobile Peer Partnership will be at WPSCC on December 13th from 10:30-11:30am, Registration required.

Journeys is the first of its kind in the country designed to assist people who need Long-Term Supports & Services and are experiencing mental health challenges.

To find out more info visit [www.inglis.org/journeys](http://www.inglis.org/journeys)
TRIP UPDATES

The Tina Turner Musical
Saturday, December 4, 2021
Non-members $225.00, Members - $200.00, and Members with booster cards $185.00.
Transportation, Broadway Show & Dinner. **Seats are still available.**

Another trip to Sight & Sound Theater for DAVID

Wednesday, April 6, 2022    9:00 a.m. – 7:00 p.m.
Shopping, Lunch & the Theater
Cost: $140.00 Booster Card Holders, $150.00 Members, $160.00 Non-Members
$50.00 non-refundable deposit due in November,
2nd Payment due January, balance due February.

TRIP POLICY

Casino trip sign-up day will be one month in advance on the first Friday of the preceding month beginning at 9 a.m., Reservations are on a first-come first-served basis. You must be a Center member or a Plus member to qualify for the initial sign-up period. After the initial first week for member sign-up time, reservations will be open to friends of WPSCC. You may sign up for yourself and one additional Center member or Plus member.

**Full payment is due at time of sign-up unless otherwise noted.** Please bring the exact amount due. You may place your name on the waiting list if the trip is sold out.

**Participants who depend on Shared Ride:** All participants who are picked up by the ride van and want to go on any trip announced in the newsletter may call the Registration Desk on trip sign-up day to reserve a spot. The trip must then be paid in full the next time you are at the Center. Participants will be responsible for providing their own transportation for trip/activity rides, and getting to the Center on time.

**Mail-in registration** for trips is accepted with payment and will be processed after the Registration Desk closes on trip sign-up day. If a trip is sold out, the check will be returned.

**Cancellation by the passenger:** For mini/charter trips, there are no refunds unless a replacement is found. For overnight trips, it is highly recommended that travel insurance is purchased. Each participant is responsible for purchasing insurance on their own. No refund will be given for trips missed due to members failing to meet departure times. In the event of a cancellation, in addition to the cancellation policy used by the tour company, a 20% administrative fee will be assessed by WPSCC. All cancellations must be made in writing to Activity Aide Trips, West Philadelphia Senior Community Center, 1016 N. 41st St., Philadelphia, PA 19104-1292.

**Cancellation by the Center:** The Center may cancel a trip if the required sign-up number needed is not met. If a trip is canceled by the Center, A full refund will be granted.

*The West Philadelphia Senior Community Center is not responsible, in whole or in part, to trip participants for loss, damage, or injury however caused during or in connection with any trip. We highly recommend that you purchase trip insurance.*

*Travelers cannot ask the bus driver and/or escort to make any unscheduled stops. Transportation on all trips is round-trip to and from the Center only.*
# SCHEDULE OF CLASSES!

## Monday

**AM Activities**
- 9:30am – 10:30am  Enhanced Fitness - Atrium (Front)
- 10:00am – 12:00pm  Table Games - Atrium (Back)
- 10:30am – 11:30am  Devotion - Dining Area (Rear)
- 11:00am – 11:30am  Current Events - Center Stage

**PM Activities**
- 12:00pm – 3:00pm  Table Games - Atrium (Back)
- 1:00pm – 3:00pm  Line Dancing - Center Stage Dining Area (Full)

## Tuesday

**AM Activities**
- 9:00am – 12:00pm  Table Games - Atrium (Back)
- 10:00am – 11:00am  Nutrition Education w/ Lynn (Center Stage)
- 10:00am – 12:00pm  Watercolor Class - Pottery Room
- 10:30am – 12:00pm  BINGO - Dining Area (Rear)
- 11:00am – 12:00pm  Creative Movement - Atrium (Front)

**PM Activities**
- 1:00pm – 3:00pm  Social Dance - Center Stage

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We continue to offer the following programs & services:

- **Facebook Virtual Programs Daily**
  - **Grab & Go Meals** by registration only with Patrice Rhodes, Health & Wellness Coordinator (215) 386-0379 ext. 7303
  - **Cct Transportation** with Randy Andrews, Data Clerk (215) 386-0379 ext. 7306

- **Areatha Dorsey**, Center Counselor for Resources & help with various services (215) 386-0379 ext. 7305
- **For the general mailbox** ext. 7300
**Wednesday**

**AM Activities**
9:00am – 12:00pm Table Games - Atrium (Back)
10:00am - 11:00am Nutrition Education w/ Lynn (Center Stage)
10:30am - 12:00pm Art Therapy - Dining Area (Rear)
10:30am - 11:30pm Music Appreciation - Dining Area

**PM Activities**
12:00pm – 3:00pm Table Games - Atrium (Back)
1:00pm – 2:00pm Enhanced Fitness - Atrium (Front)

**Thursday**

**AM Activities**
10:30am - 11:30am Health and Wellness Workshop - Center Stage
9:00am - 12:00pm Table Games - Atrium (Back)
9:30am-11:30am Quilting Class - Classroom 1
10:30am - 11:30am Color Your Mind (Adult Coloring Books) - Atrium (Back)

**PM Activities**
1:00pm – 3:00pm Line Dancing - Center Stage Dining Room (Full)

**Friday**

**AM Activities**
9:00am – 12:00pm Pinochle - Atrium (Front)
9:00am - 12:00pm Table Games - Atrium (Back)
10:30am - 12:00pm BINGO - Dining Room (Rear)
11:00am – 12:00pm Silver Sneakers - Atrium (Back)

**PM Activities**
1:00pm – 3:00pm Table Games - Atrium (Rear)
1:00pm – 3:00pm Pinochle - Atrium (Front)

WE LOOK FORWARD TO SEEING YOU!

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**Reduce your 2021 taxes**

Consider a gift from...

- Appreciated Securities
- QCD from IRA (Qualified Charitable Distribution)

Gifts must be transferred directly to Liberty Lutheran.

For more information, contact Patty Cline by phone, 267-464-7720, or by email pcline@libertylutheran.org
WE ARE
CELEBRATING OUR
15TH ANNIVERSARY
AND HOLIDAY PARTY

December 22nd, 2021
from 10:00am-2:00pm

REGISTRATION REQUIRED

HOLIDAY WORKSHOPS

Wreath Making December 9th
Gingerbread Man December 15th
Gingerbread House December 21st
10:00am - 12:00pm

Registration closed
ANNOUNCING

THE FIRST-EVER
WPSCC COOKBOOK!

THE WPSCC COOKBOOK IS A BEAUTIFUL
KEEPSAKE THAT YOU AND YOUR FAMILY
CAN KEEP FOR GENERATIONS.

FULL OF CHERISHED RECIPES FROM
MEMBERS, STAFF, AND FAMILY, ALL
PROCEEDS BENEFIT THE CENTER!

YOU CAN PURCHASE
the WPSCC Cookbook for $20.00 at the Center.

JUST IN TIME FOR THE HOLIDAYS!
Give the perfect gift to family and friends!

FOR MORE INFORMATION CONTACT:
Julia Diggs, Phone (215) 386-0379 Ext. 7302,
Email: juliad@lcfsinpa.org

JOIN THE DISCUSSION

Talk with a profession to learn how to
manage your diabetes!
Do you know what steps to take to control diabetes?
Dedicated can provide you with the right tools to
help keep you healthy.

Location: West Philadelphia Senior Community Center
Date: December 16, 2021
Time: 10:30 a.m.
Registration is required.
Call 215-386-0379, x7325 to register.
The West Philadelphia Senior Community Center wishes you a Merry Christmas and a Happy New Year from Our Family to Yours!