



STARTERS

- BACON STUFFED EGGS** 🌾 \$5.00
Southern-style devilled eggs with bacon, buttermilk, and fresh chives
- HUMMUS PLATE** 🌿 \$6.00
Chickpea hummus with feta cheese, kalamata olives, cucumbers, tomatoes, pickled onions & grilled pita bread
- KYA QUESADILLA** 🌿 \$7.00
Grilled tortilla with pepper jack cheese, tomatoes, green chiles, & olives served with salsa & sour cream
- FRIED PIMENTO CHEESE** 🌿 \$5.00
Creamy fried cheese & pimento croquettes served with mild chili sauce

HOUSE SPECIALTIES

- MAC & CHEESE** 🌿 \$11.00
Cavatappi noodles with creamy cheese sauce & herbed bread crumbs served with garlic bread
- CAPRESE PASTA** 🌿 \$11.00
Angel hair pasta tossed with cherry tomatoes, garlic, basil, olive oil & fresh mozzarella
- CHICKEN MARSALA** \$13.00
Sauteed chicken breast with mushrooms & marsala sauce served with crispy red potatoes
- MARINA FISH & CHIPS** \$13.00
Ale-battered cod deep fried golden brown served with tartar sauce and buttermilk coleslaw
- STEAK FRITES*** 🌾 \$13.00
7oz bistro steak grilled to order served with fries and housemade steak sauce

Signature Soups

Proudly made in-house from scratch every day

Cup \$3.00 Bowl \$4.00

HOUSEMADE SIDES \$4

- Side House Salad
- Side Kale Caesar
- Fries
- Sweet Potato Fries
- Crispy Red Potatoes
- Fresh Fruit
- Potato Salad
- Sauteed Vegetables
- Mac & Cheese
- Coleslaw



Gluten Free



Vegetarian

* Eating undercooked meats or chicken will greatly increase your risk of foodborne illness

FRESH SALADS

- Add Grilled Chicken \$4.00 | Add Rock Shrimp \$4.00
- ASIAN SESAME SALAD** 🌿🌾 \$6.00 / \$10.00
Napa cabbage, romaine lettuce, mandarin oranges, carrots, toasted almonds, fried wonton, & sesame-ginger dressing
- APPLE HARVEST SALAD** 🌾🌿 \$6.00 / \$10.00
Granny Smith apples, cranberries, blue cheese, candied walnuts, and spiraled beets over mixed greens served with poppy seed dressing
- KALE CAESAR SALAD** 🌿 \$6.00 / \$10.00
Lacanito kale, romaine lettuce, parmesan cheese, garlic croutons, & tahini caesar dressing
- CHAMBERS SALAD** 🌾 \$12.00
Rock shrimp, tomatoes, cucumbers, olives, avocado & bacon-stuffed egg over romaine with Catalina dressing

The classic combo

Your choice of any 1/2 sandwich or 1/2 entrée salad with a bowl of soup

\$9.00

BURGERS & SANDWICHES

Served with your choice of 1 housemade side

- SLOW-ROASTED TURKEY** \$7.00 / \$10.00
Slow-roasted turkey, cranberry cream cheese, sprouts & tomato on five-grain bread
- LEMON-DILL TUNA SALAD** \$7.00 / \$10.00
Lemon-dill tuna salad on a fresh baked croissant with tomato, sprouts & dijonaise
- B.L.A.S.T. SANDWICH** \$8.00 / \$12.00
Bacon, lettuce, avocado, Swiss cheese & tomato on a fresh-baked croissant with dijonaise
- HERB-ROASTED BEEF** \$12.00
On a ciabatta roll with caramelized onions, provolone cheese & rosemary mayo
- PORTOBELLO MUSHROOM PANINI** 🌿 \$10.00
Balsamic-marinated mushroom, roasted bell pepper, provolone cheese & rosemary mayo grilled on rustic bread
- BISTRO BURGER*** \$10.00
Grilled sirloin patty on a toasted Kaiser roll with Russian dressing, lettuce, tomato, & onion add cheese or bacon for \$1
- BLACK BEAN BURGER** 🌿 \$10.00
Black bean patty on a toasted Kaiser roll, Russian dressing, lettuce, tomato, & crispy fried onions